

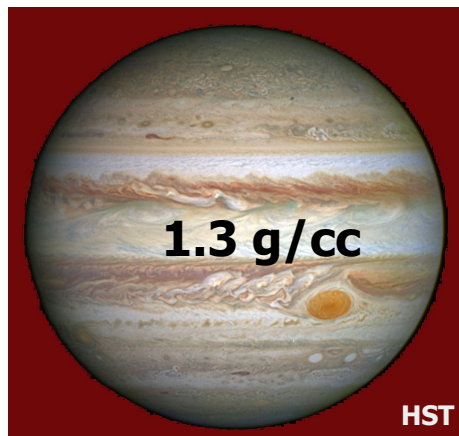
The Outer Planets and the H-He-C-O system

Dense and Astrophysical Plasmas, SCCS 2025, Stateline/NV

Nadine Nettelmann^{1,2}

¹ Universität Rostock, Institut für Physik ² University of California, Santa Cruz

Collaborators: Mandy Bethkenhagen (LULI, USorbonne), Jonathan Fortney (UCSC), Nicola Tosi (DLR), Marina Cano Amoros (DLR), Dominik Kraus (URostock)



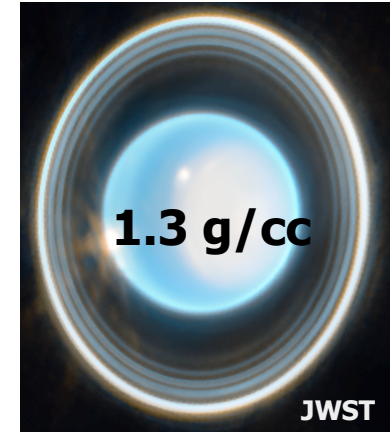
Radius= $0.1 R_{\text{Sun}}$
Mass= $0.001 M_{\text{Sun}}$

$P_{\text{CMB}} \sim 40 \text{ Mbar}$
 $T_{\text{core}} \sim 14\text{-}20,000 \text{ K}$



$R = 0.36 R_J = 4 R_E$
 $M = 0.05 M_J = 15 M_E$

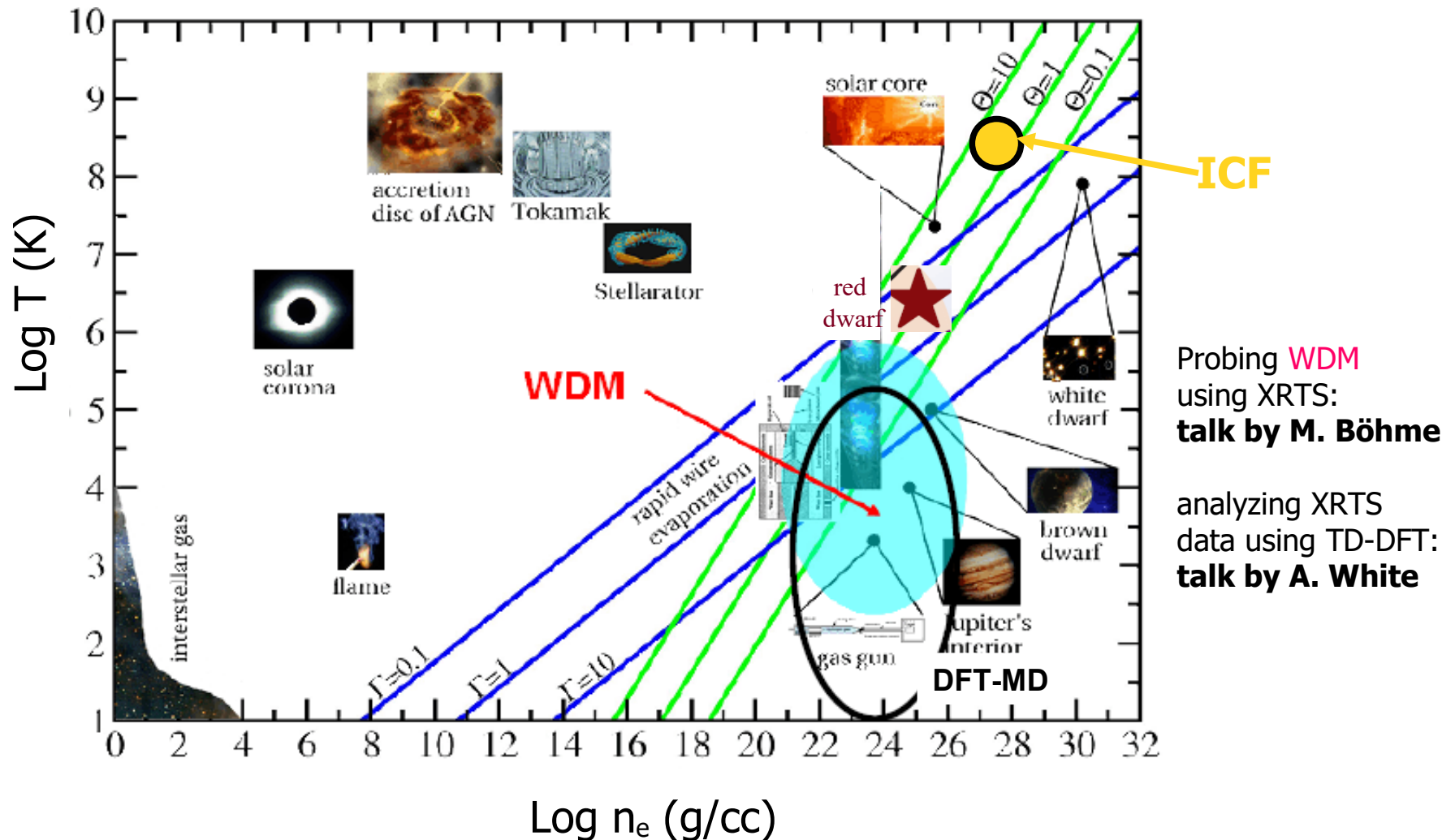
$P_{\text{CMB}} \sim 7 \text{ Mbar}$
 $T_{\text{core}} \sim 4\text{-}10,000 \text{ K}$



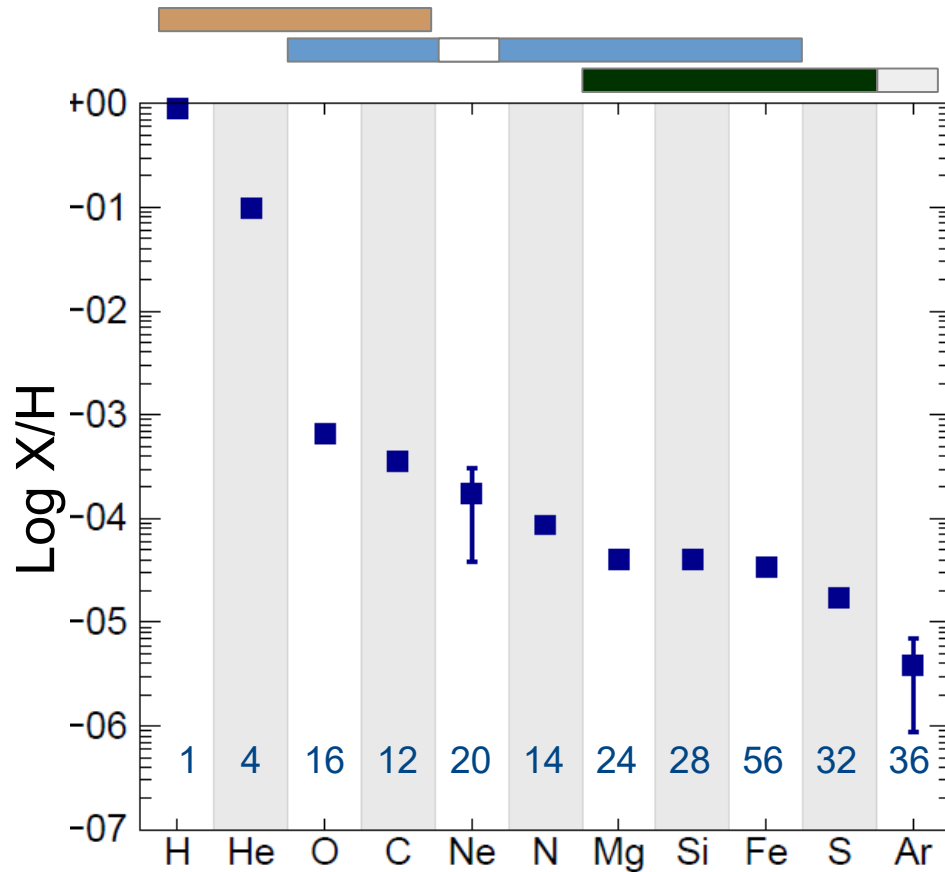
Acknowledgement:

Juno Participating Scientist Program (NASA), German Science Foundation (DFG),

Temperature – Density plane



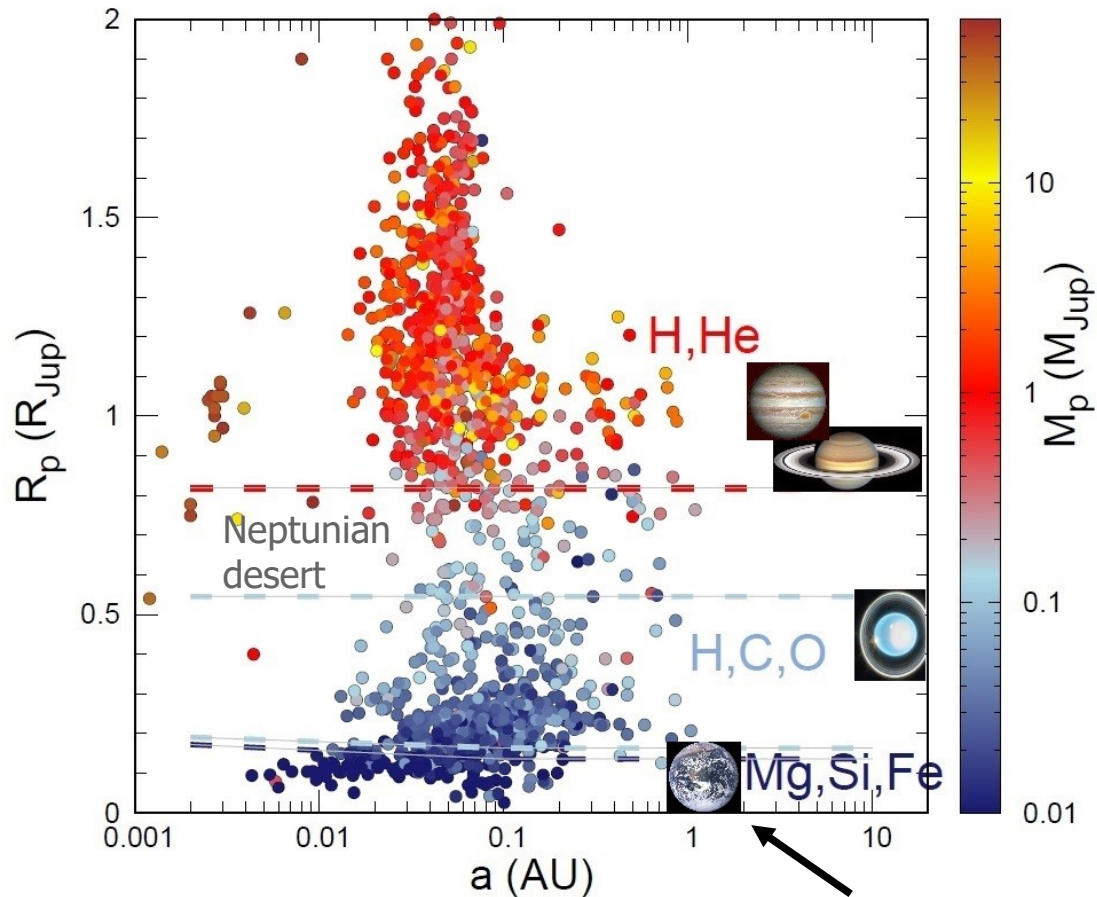
Solar System abundances



Lodders (2021)

- Deviations from solar system abundances (isotopes, I/R, O/H) indicate how planets formed
- Outer planets are macroscopic natural systems of H—Ar under a wide range of P-T conditions
- Interior & evolution models constrain EOS and phase diagrams

~1450 Exoplanets with measured Mass and Radius



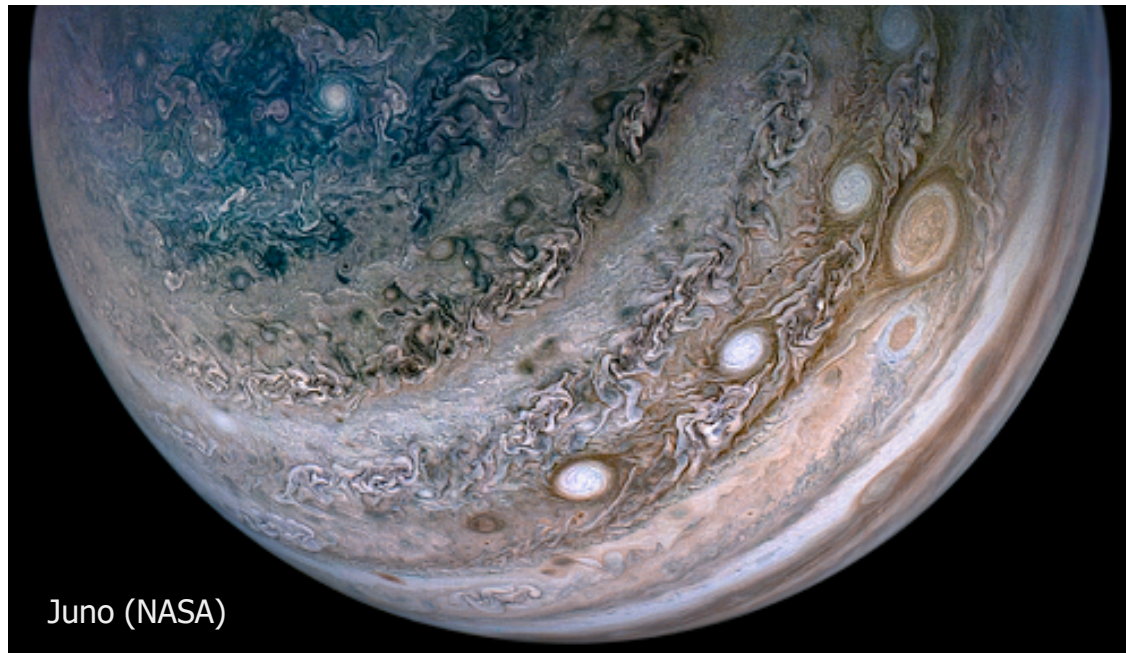
poster by S.S. Prins
thermal conductivity in Fe-alloys,
important for core solidification
and magnetic field

Jupiter

Key achievements

Current challenge

Solution pathways



Key achievements

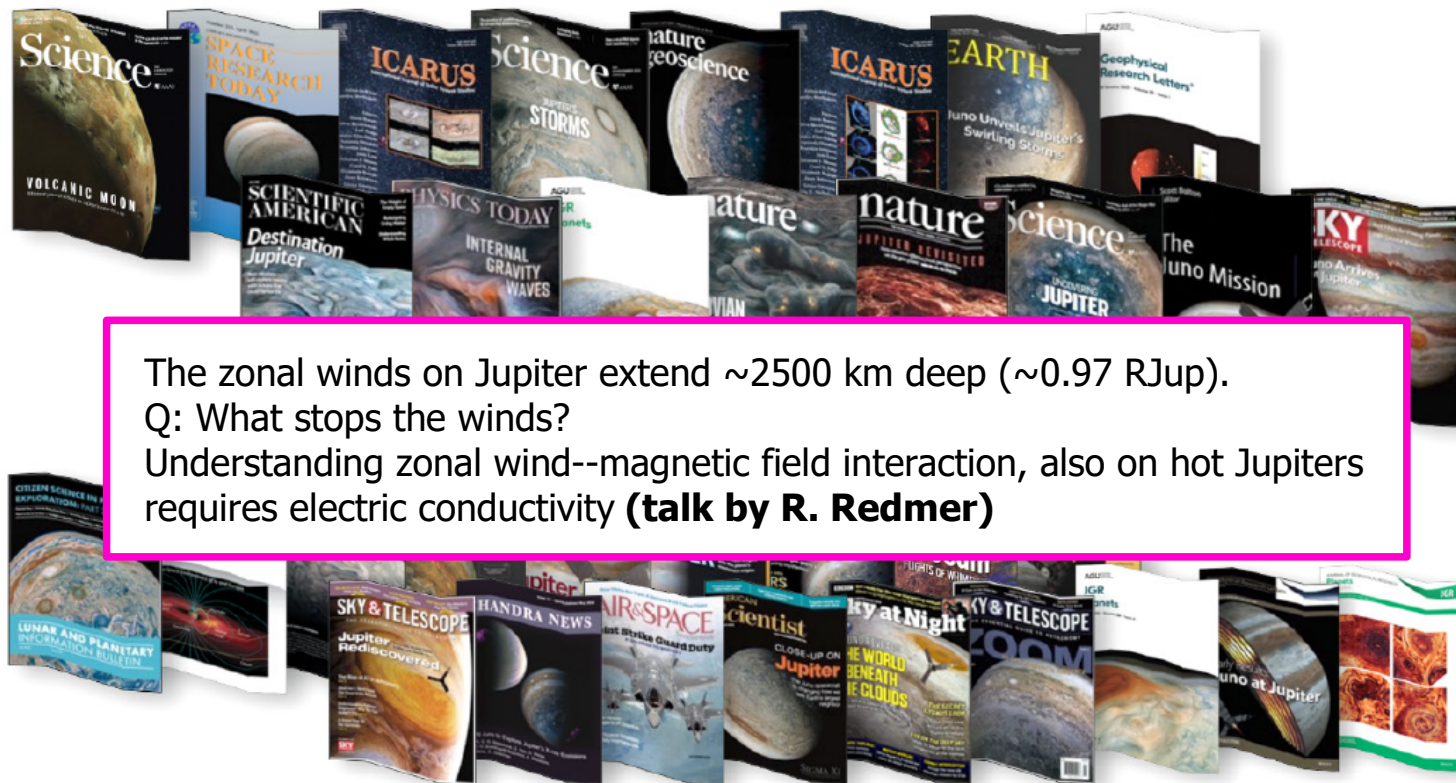


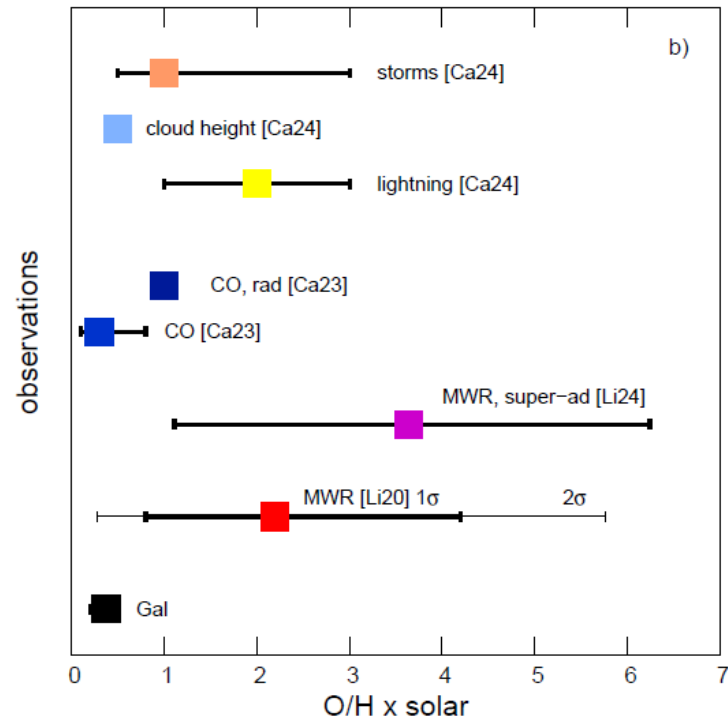
Figure 3-1. A sampling of Juno's notable publications in science journals and the popular press.

Juno EM2 Proposal (S. Bolton)

Observed water abundance



Observed O/H: 0.5-5x solar ($Z_{\text{atm}} = 1-4 \times \text{solar}$)



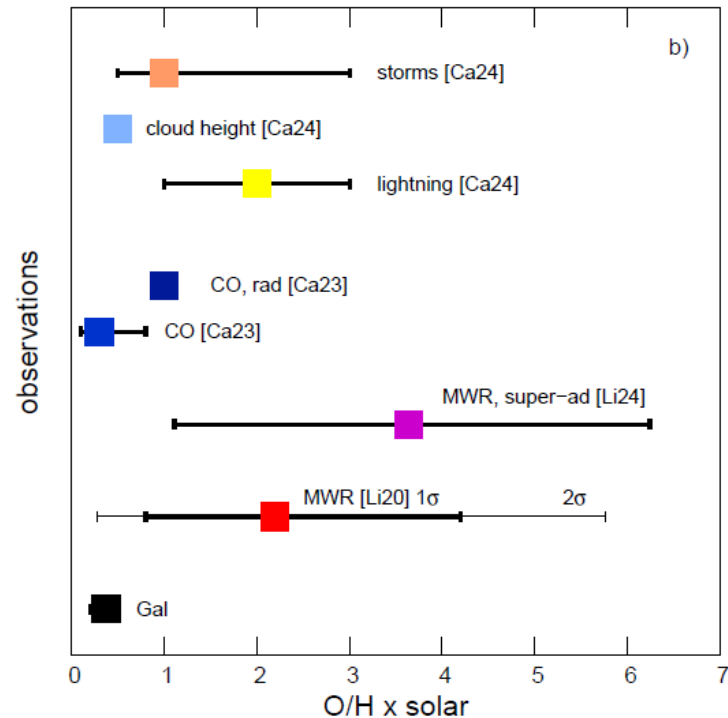
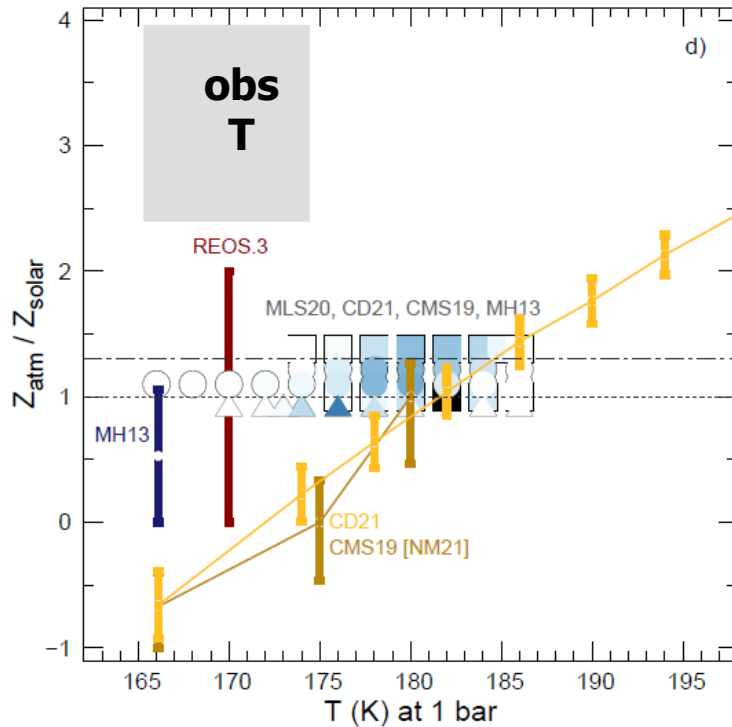
Nettelmann & Fortney (2025)

Current challenge: Z_{atmos}



Interior models: $Z_{\text{atm}} = 0-1 \times \text{solar}$

Observed O/H: $0.5-5 \times \text{solar}$ ($Z_{\text{atm}} = 1-4 \times \text{solar}$)

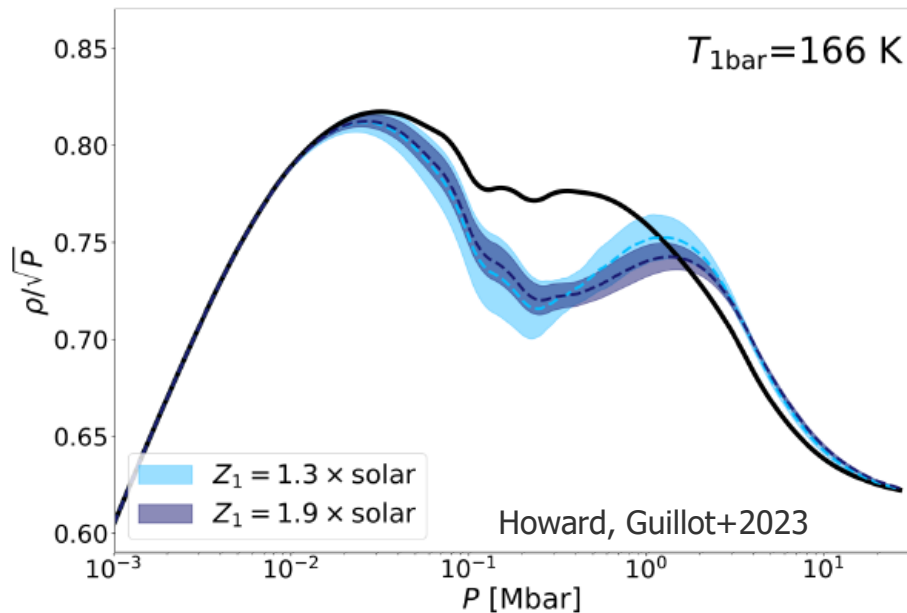


All adiabatic interior models struggle to reach $1 \times \text{solar}$ for observed $T_{1\text{bar}}$, regardless of which (PBE-based) H/He-EOS is used.

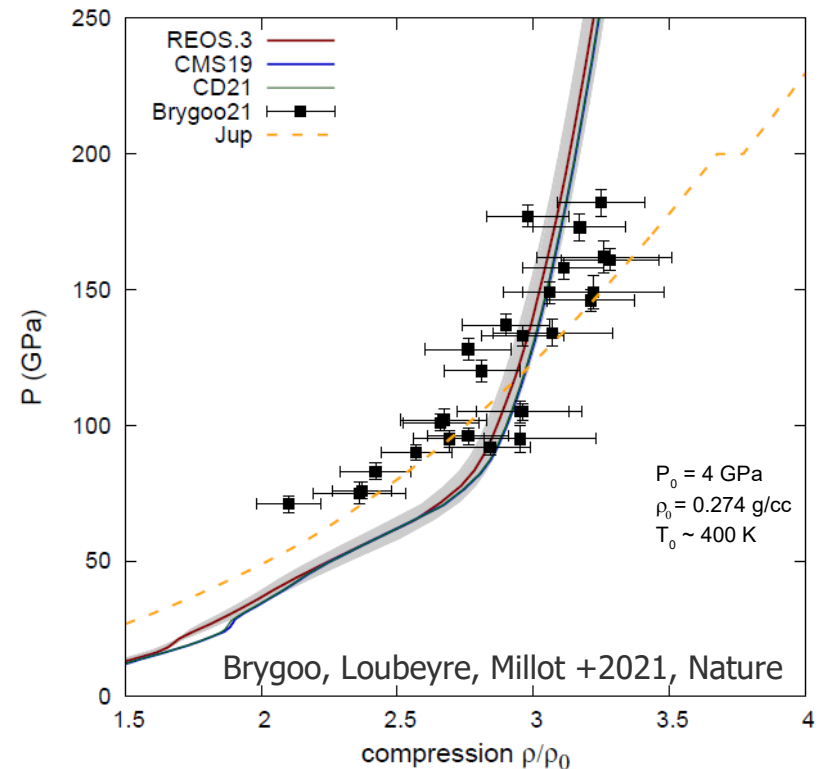
Nettelmann & Fortney (2025)

Solution pathway 1: stiffer **H/He EOS** at ~ 50 GPa

A decrease in density by 5-10% in the 0.1-1 Mbar region along the adiabat is required for 1.3 x solar.



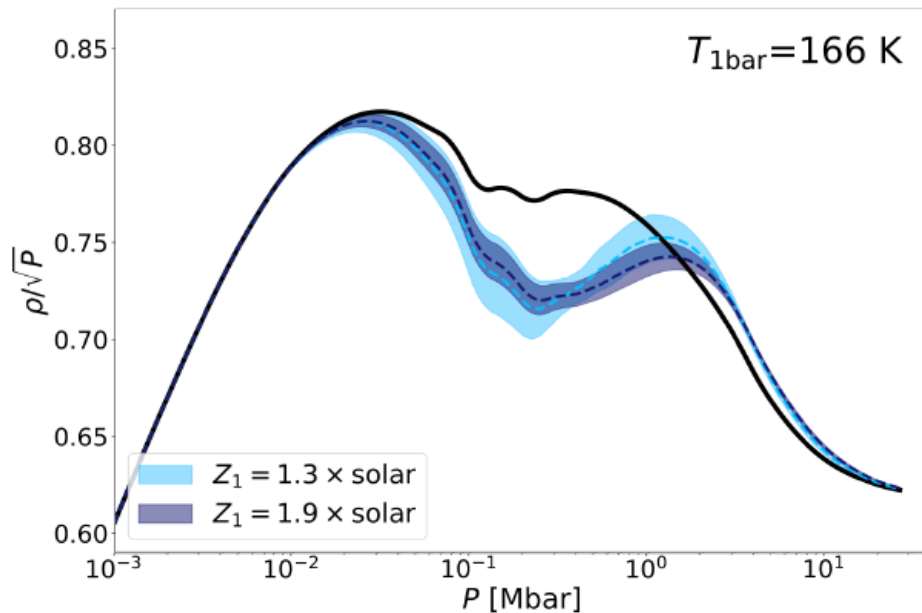
H/He-Hugoniot: DFT-MD-PBE based theories deviate from data at $P < 0.8$ Mbar.



Needed: accurate ($< 2\%$) **H/He-Hugoniot** at 10-50 GPa to constrain H/He-EOS.

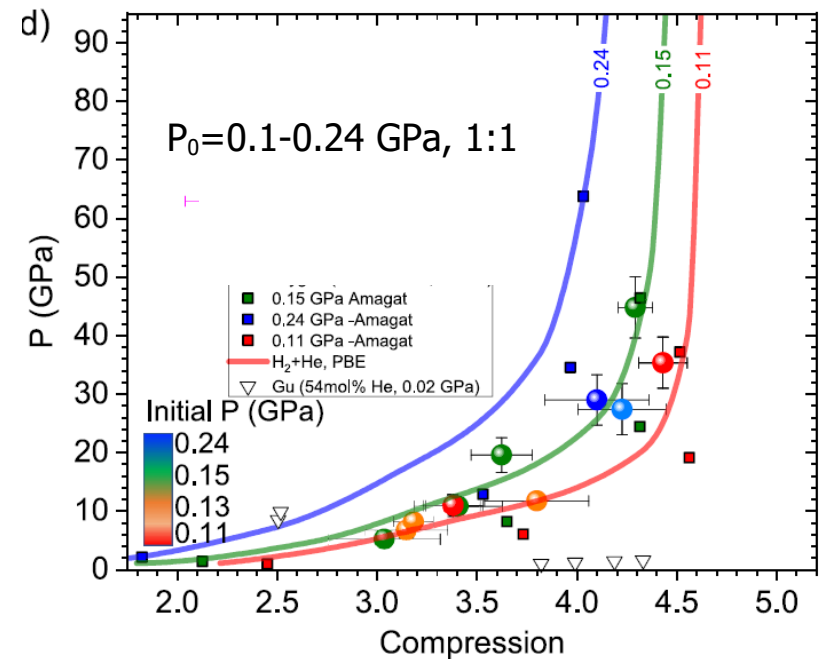
Solution pathway 1: stiffer **H/He EOS** at ~ 50 GPa?

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Howard, Guillot+2023

H/He-Hugoniot: DFT-MD agrees with the Sandia-Z Hugoniot



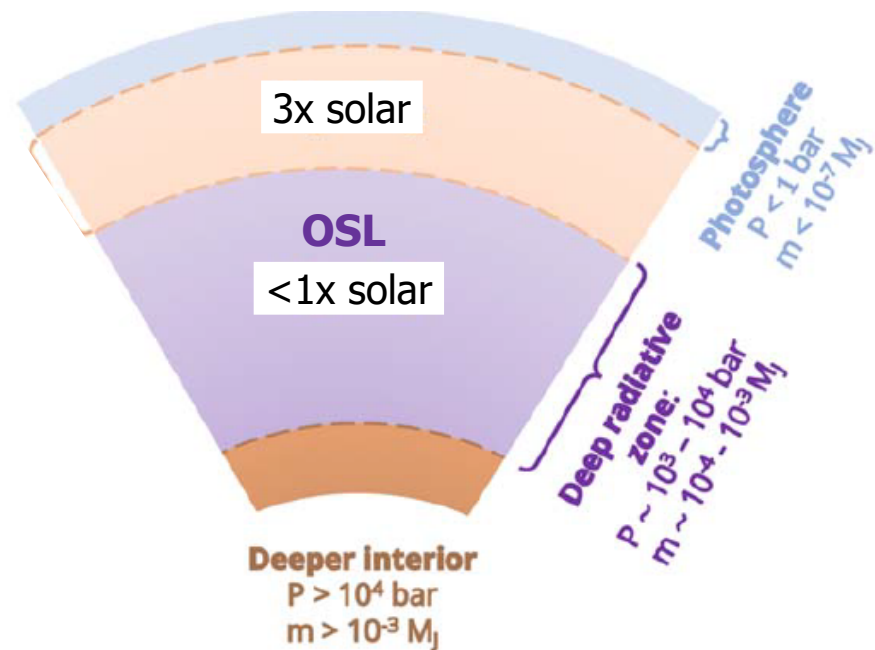
Duwal, Clay, Knudson +2024, BRB

Solution pathway 2: **OSL** with inverted Z-gradient (Zurich group)

Sub-adiabatic **O**uter **S**table **L**ayer (OSL) prevents efficient mixing.

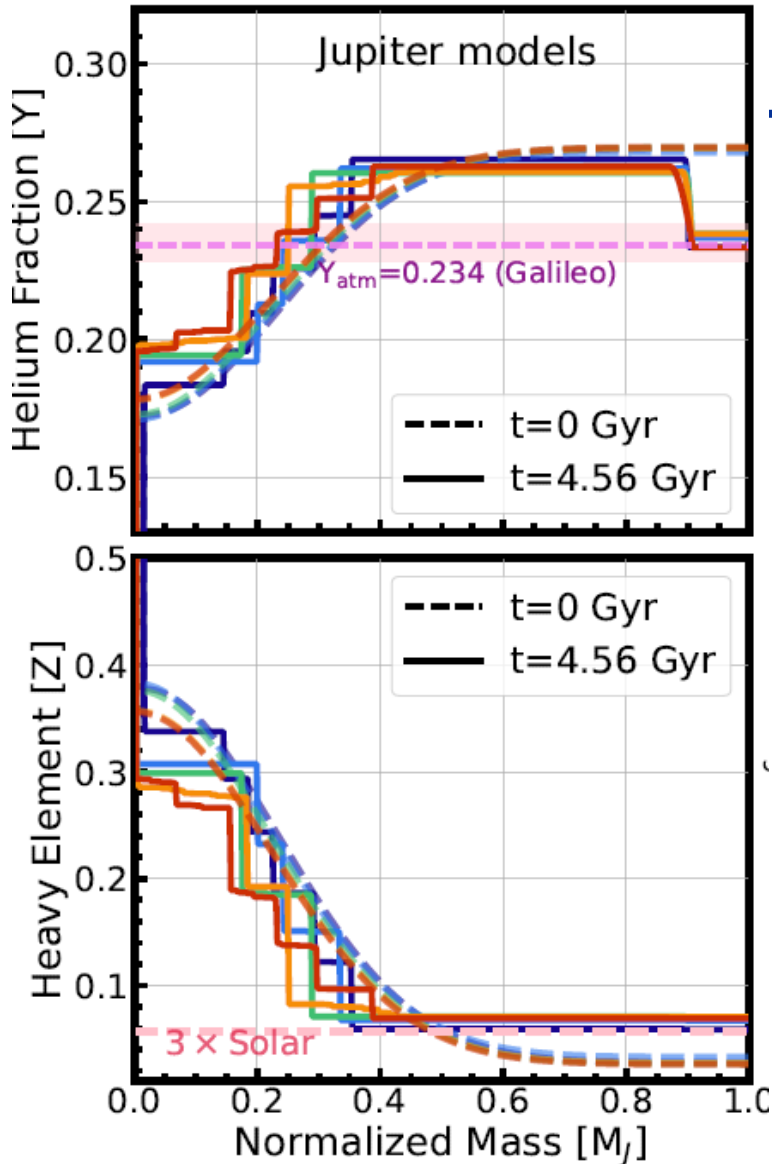
Dust infall of $10^{-4} M_{\text{Earth}}$ would enrich the atmosphere to 3x solar.

Opacity in OSL at ~ 1 kbar / 2000 K must be factor 0.1 reduced.



Müller & Helled 2024, ApJ

Solution pathway 3: warmer interior



Models with a **stable, super-adiabatic He-rain region at 1-2 Mbars** with 8000 K at 2 Mb (adiabatic+1500 K) leads to lower H/He-densities that allow for **3x solar Z_{atm}** .

Modeling milestone (Princeton group): Evolution w simultaneous treatment of eroding core, He-rain, gravity field

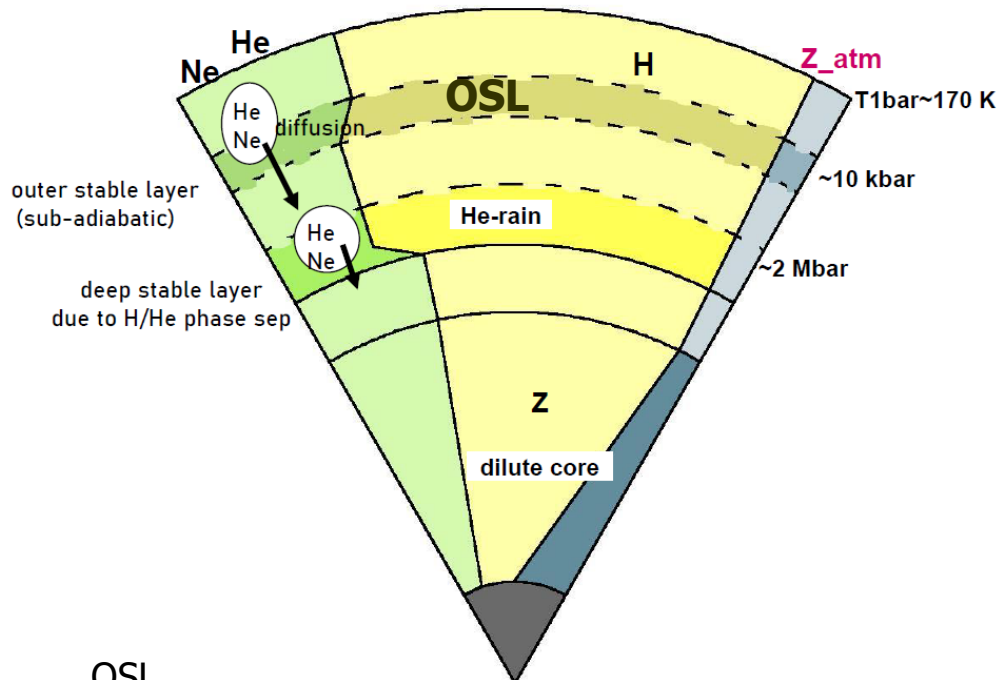
Sur, Burrows, Tajeda Arevalo 2025, arXiv:2506:19041

Caveat: inconsistent temperature--heat flux relation (too warm)



Solution pathway 4: cold interior, due to **OSL** (UCSC group)

up to 3x solar atmospheric Z

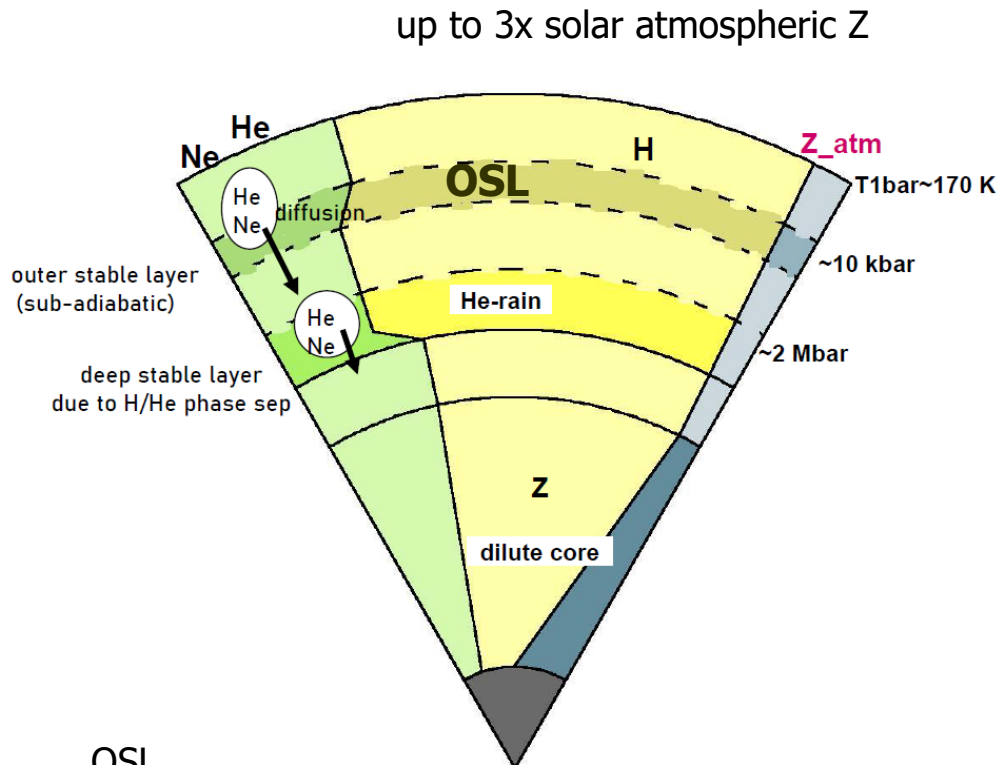


OSL

- radiative, requires low opacity
- alkali metal depletion 0.001
- electron screening

Nettelmann & Fortney (2025) PSJ

Solution pathway 4: cold interior, due to **OSL** (UCSC group)



OSL

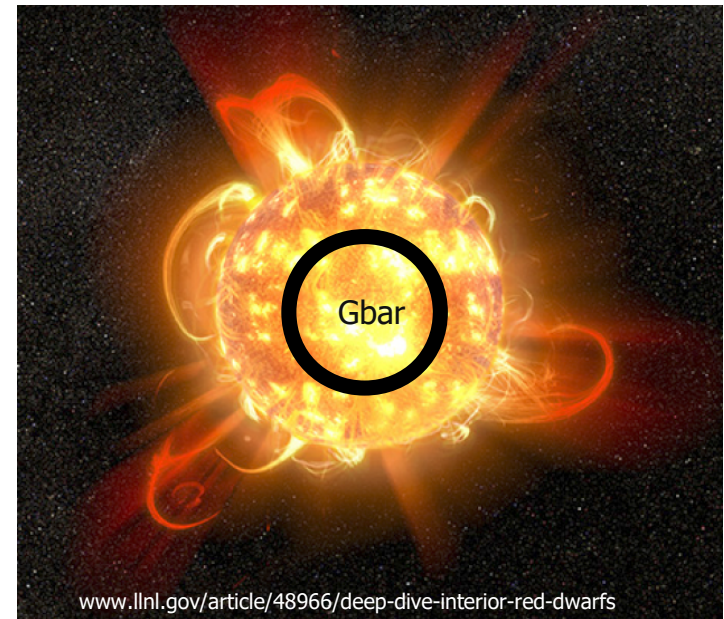
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Nettelmann & Fortney (2025) PSJ

Red dwarf stars:

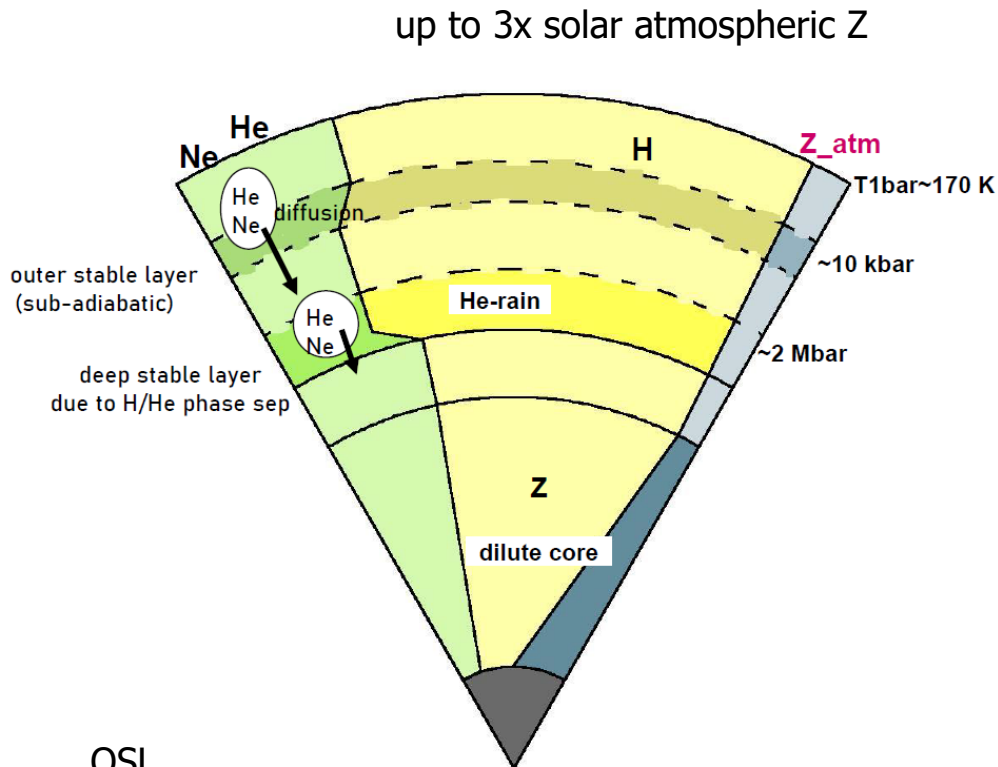
size of radiative core depends on absorption from free-free transitions in H.

(talk by S. Schumacher)



Lütgert, Bethkenhagen +2022, PoP

Solution pathway 4: cold interior, due to **OSL** (UCSC group)

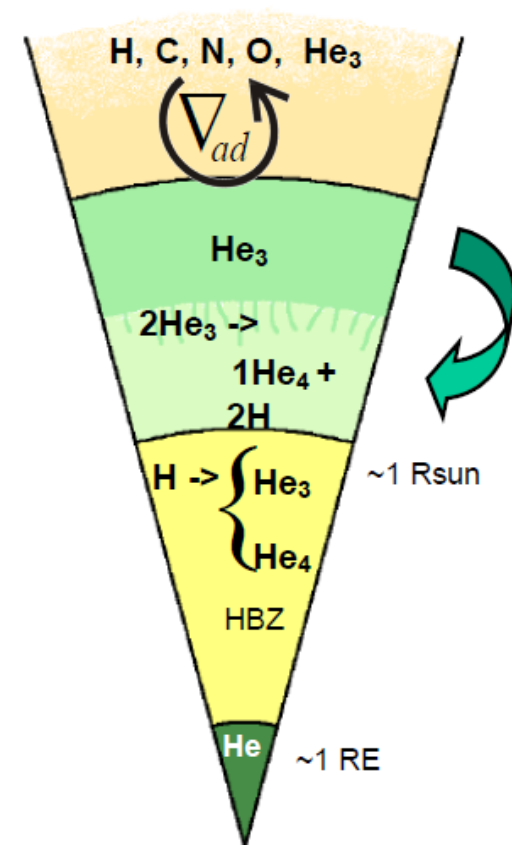


OSL
- double-diffusive, for He-Ne transport

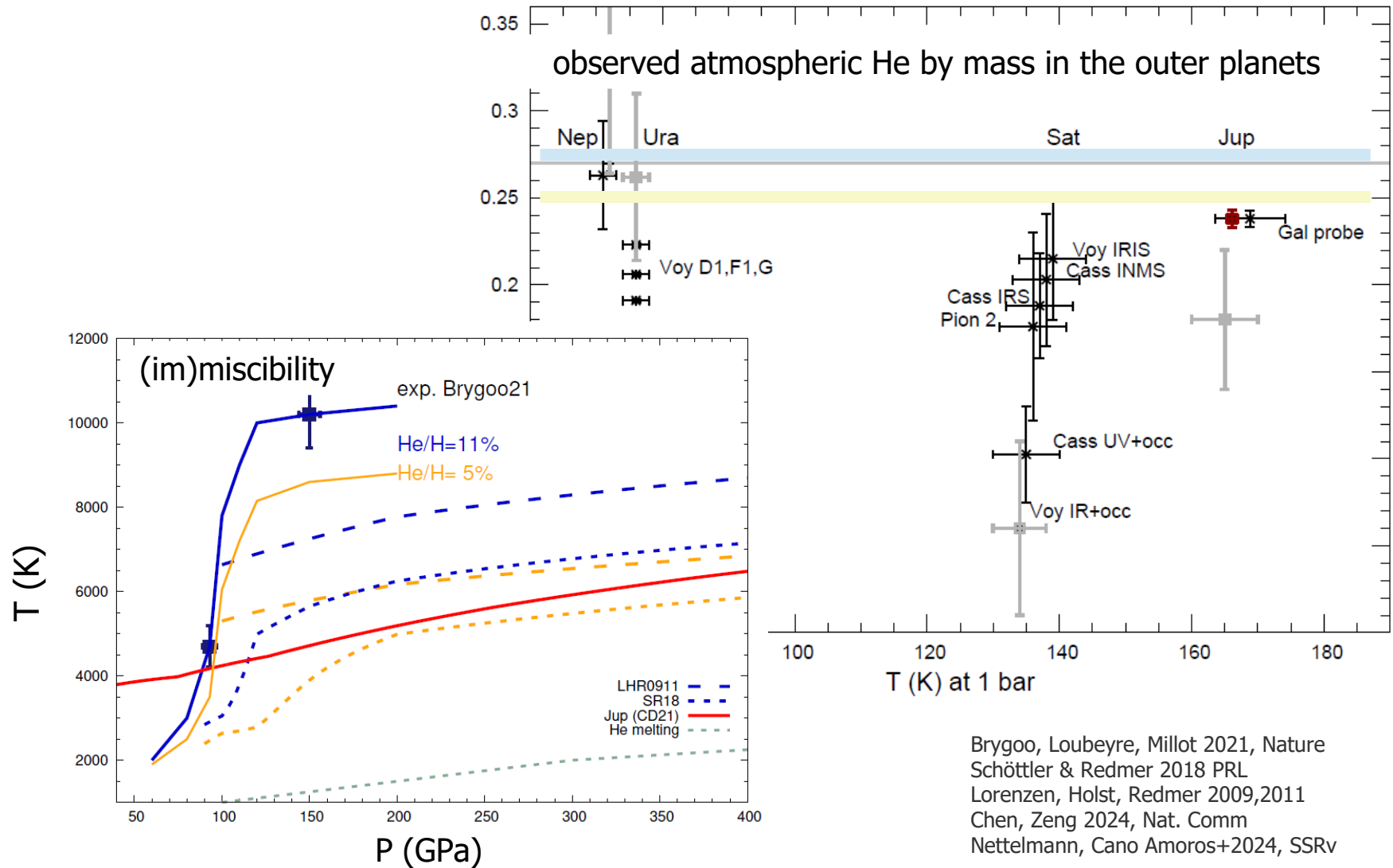
Nettelmann & Fortney (2025) PSJ

Red giant stars:

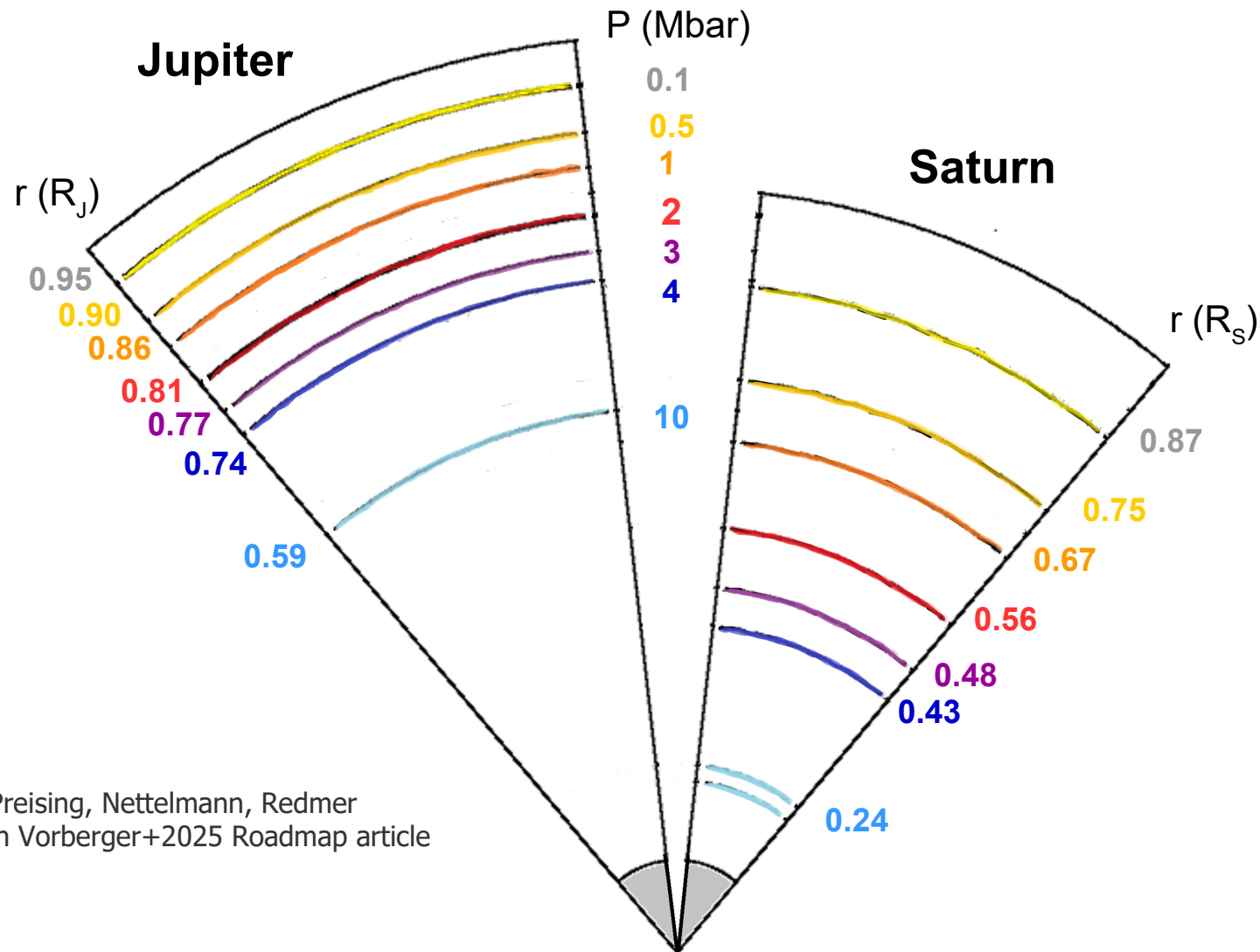
double-diffusive convection proposed to explain atmospheric He-isotopes



Current challenges: H/He

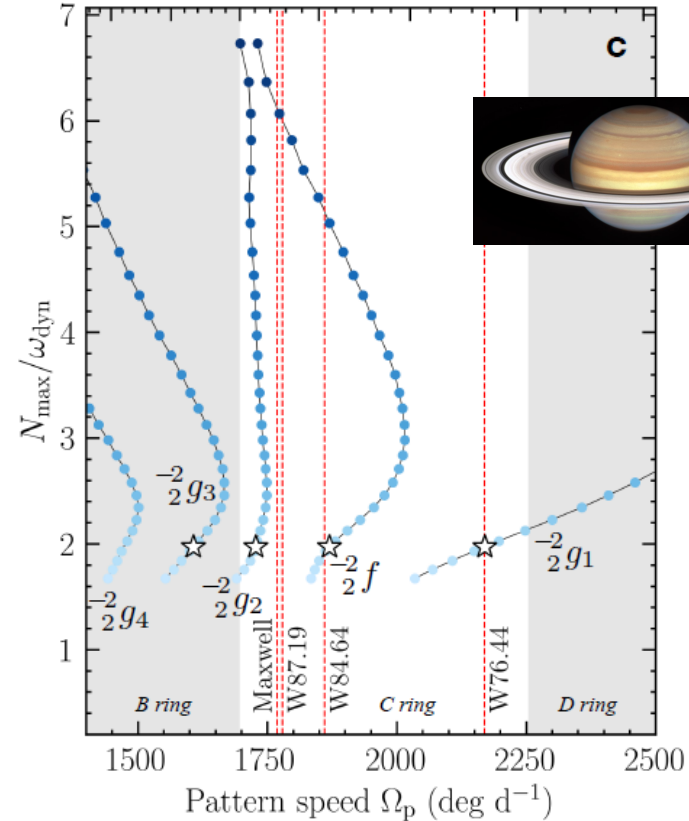
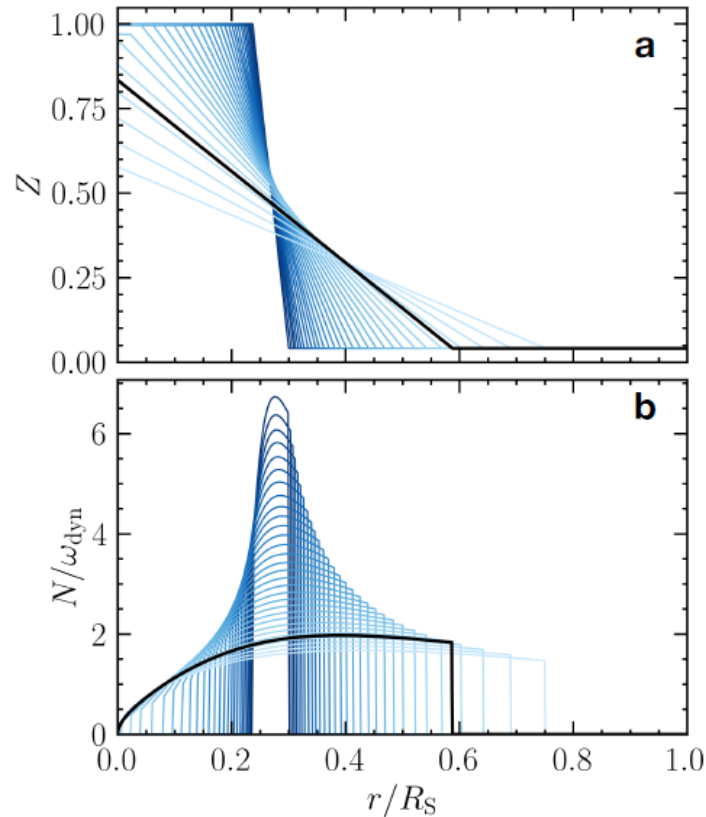


interior pressure-radius relation



Preising, Nettelmann, Redmer
in Vorberger+2025 Roadmap article

Key achievement: extended dilute core inferred from ring seismology



Cassini Observations:

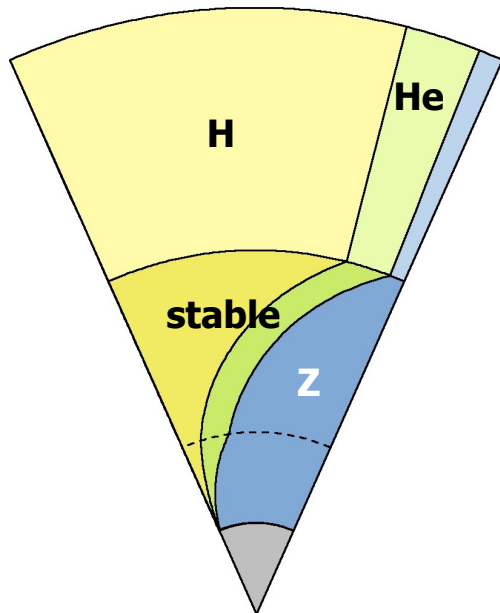
30 frequencies in Saturn's rings

that result from resonant coupling to planetary f-/g-modes.

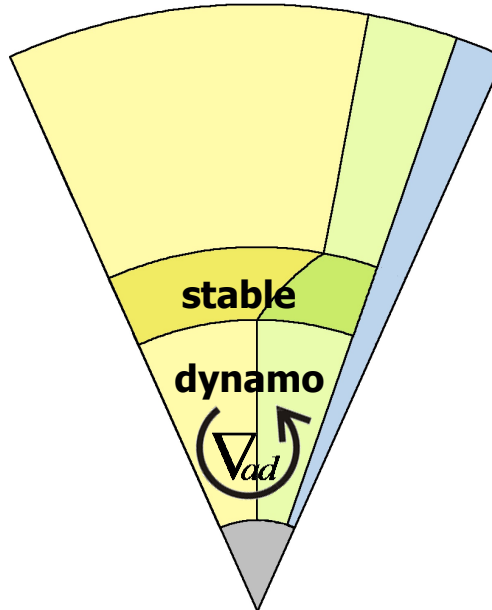
Mankovich & Fuller 2021, Nat Ast
Hedman & Nicholson 2013, AJ

Saturn?

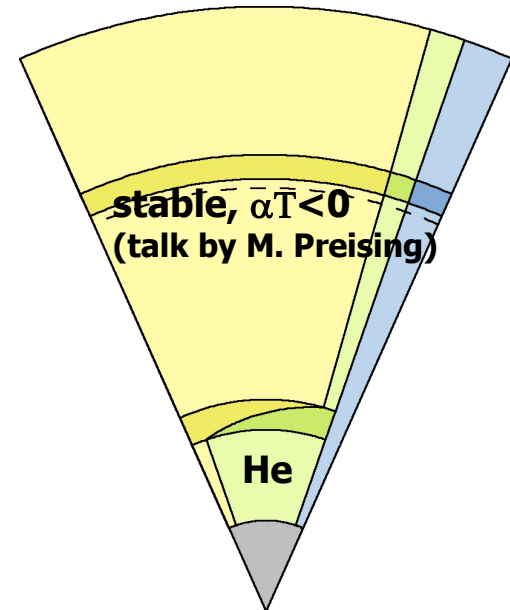
seismology



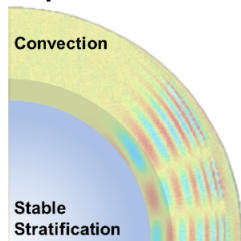
magnetic field



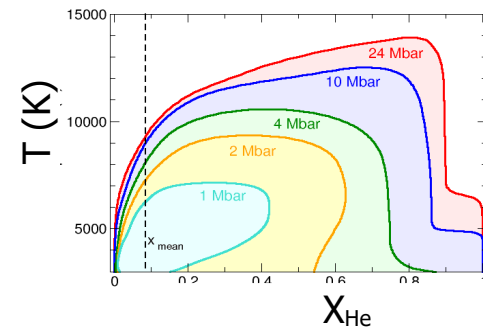
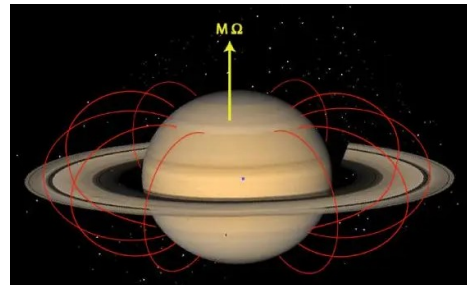
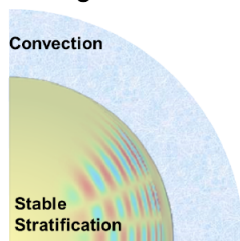
H/He phase diagram



p modes

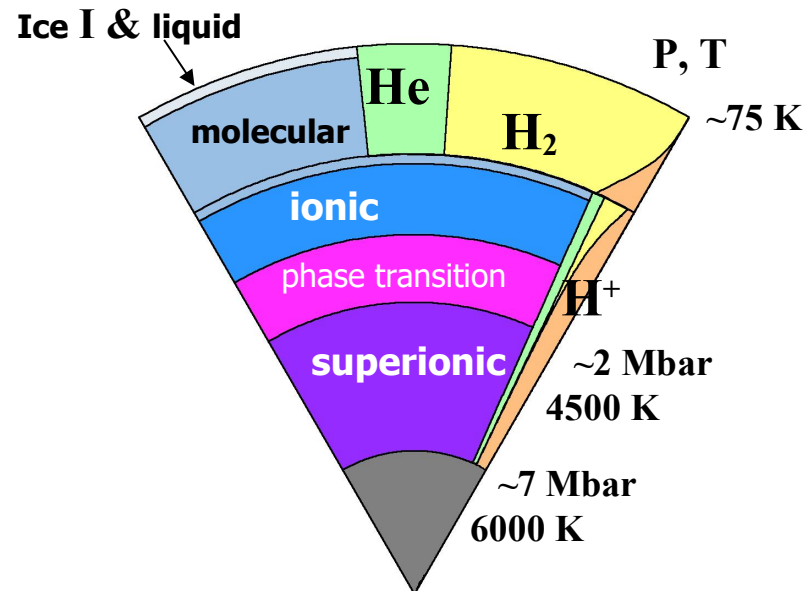
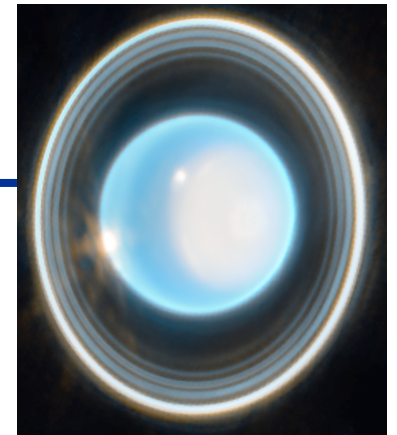


g modes



Mankovich, Parisi+2025, PSJ

Classical Ice giant model with water



(NN 2009)

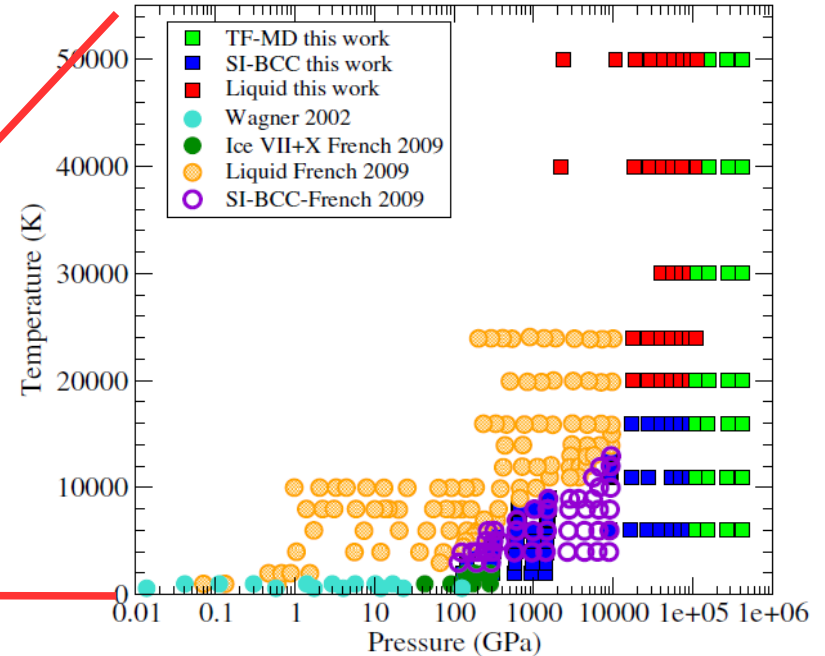
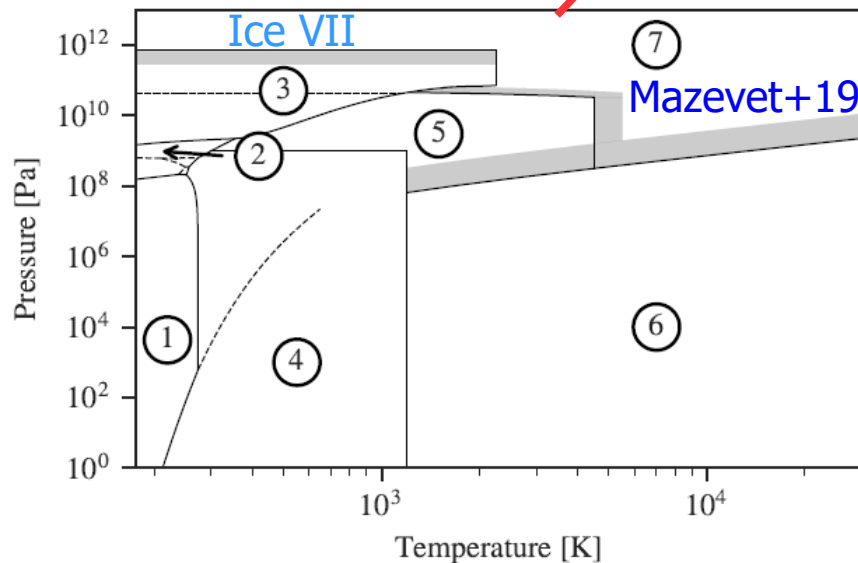
experimental investigation of SI water:
poster by L. Andriambariarijaona

diffusion: **poster by E. Chu**

detection of SI phase: Millot, Coppari+2019, Nature

AQUA water EOS (Haldemann+2020, Bern group)

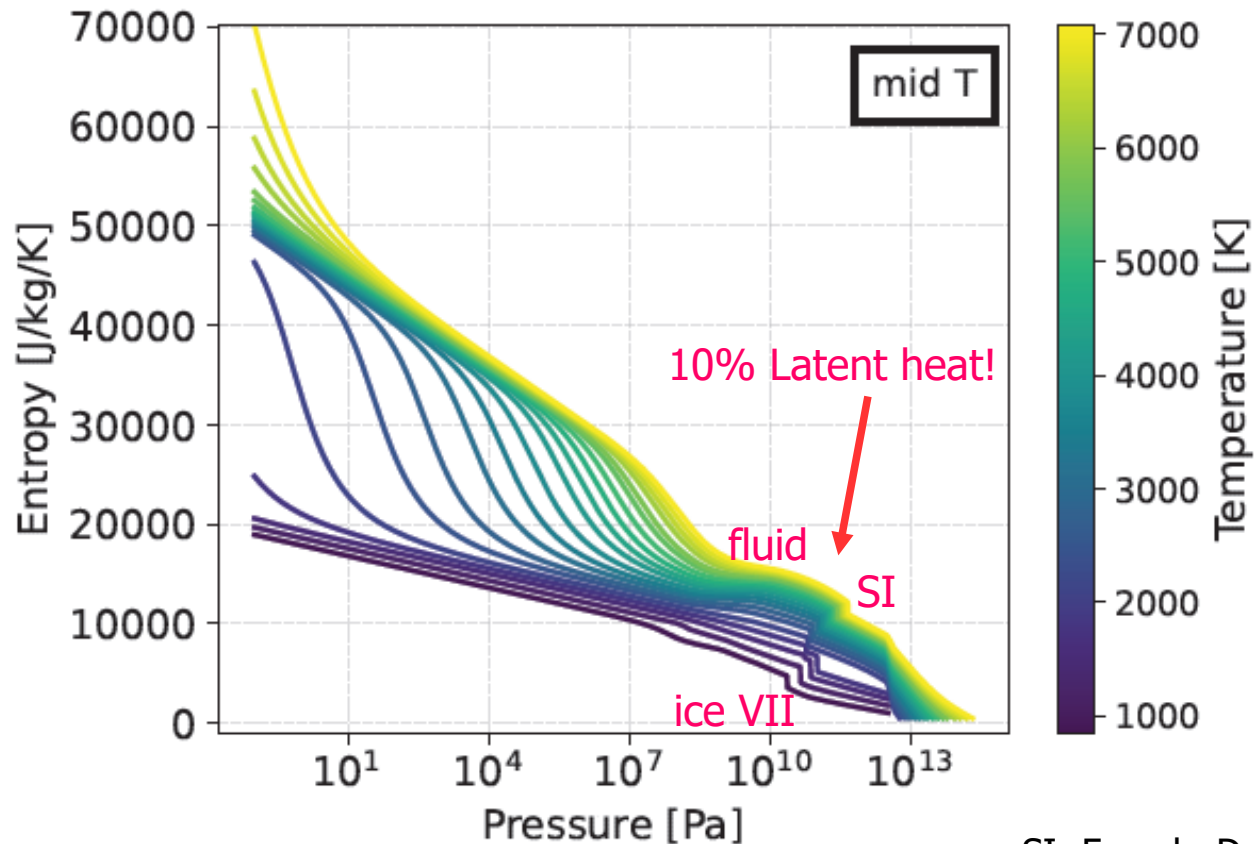
**Fundamental problem
in astrophysical WDM physics:
large-scale water EOS with entropy**



Free energy model to obtain $S(T,P) + S_0$
 S_0 adjusted to Soubrin & Militzer (2015).
 However, misprint in F leads to $\pm 10\%$
 error in $S \rightarrow$ **revised AQUA**

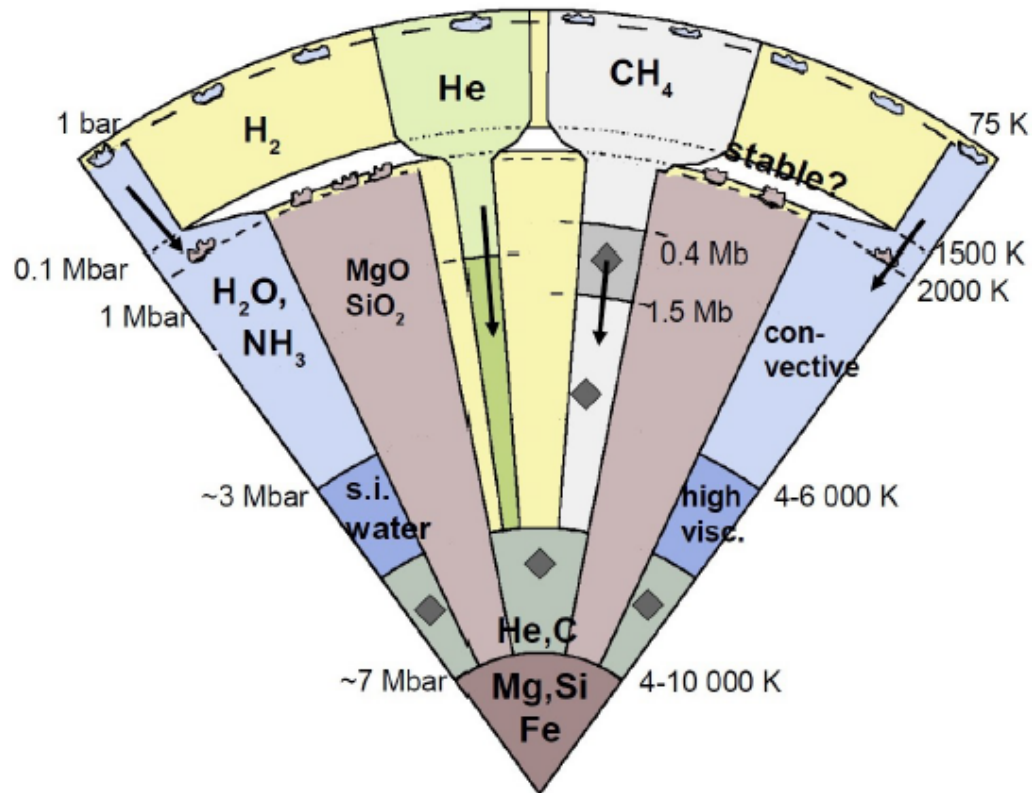
Cano Amoros+ (in prep)

revised entropy of AQUA EOS (Cano Amoros+, DLR group)



SI: French, Desjarlais+2016
ice VII: French & Redmer 2015

more than water: HHe, CNO, MgSiFe, ...



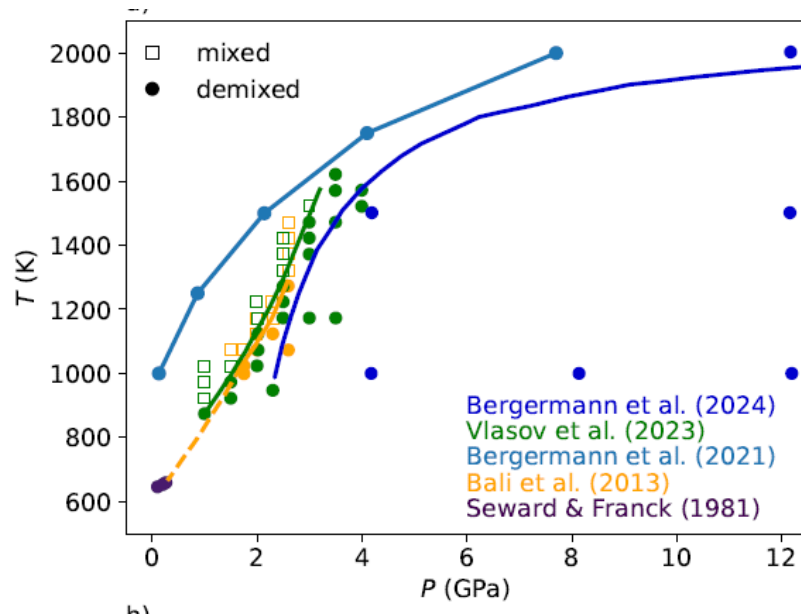
Vorberger, Graziane, Riley et al (2025) arXiv:2505.0249

H₂/H₂O phase diagram

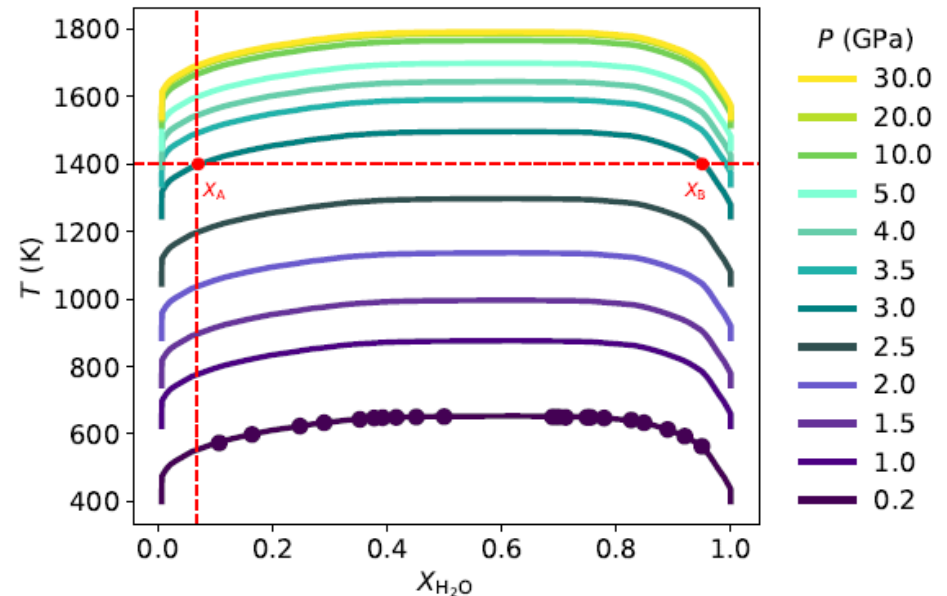
Significant advancement in astrophysical WDM physics:

confirmed experimental data; theory (DFT-MD simulations) and experiments (DAC) agree for 1:1.

demixing temperature for 1:1 concentration



phase diagram with extrapolation

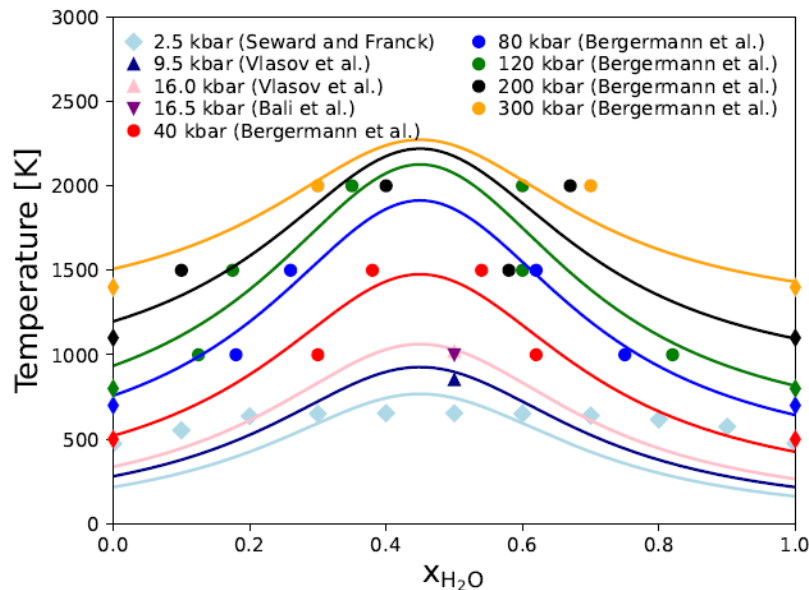


Cano Amoros, Nettelmann, Tosi et al 2024, A&A

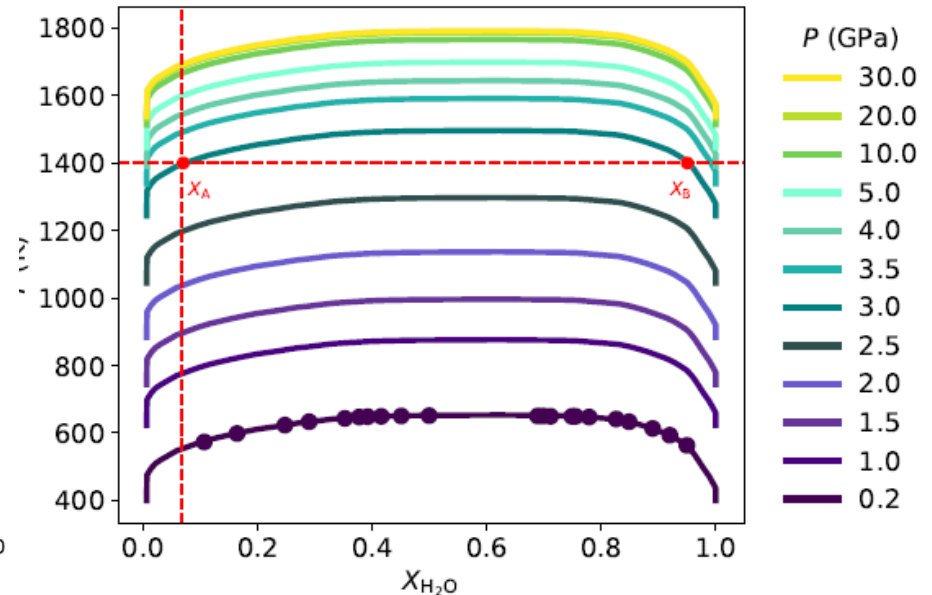
H₂/H₂O phase diagram

Key task: constrain H₂-H₂O phase diagram at $P > 4$ GPa experimentally at different concentrations.

...based on DFT-MD simulations



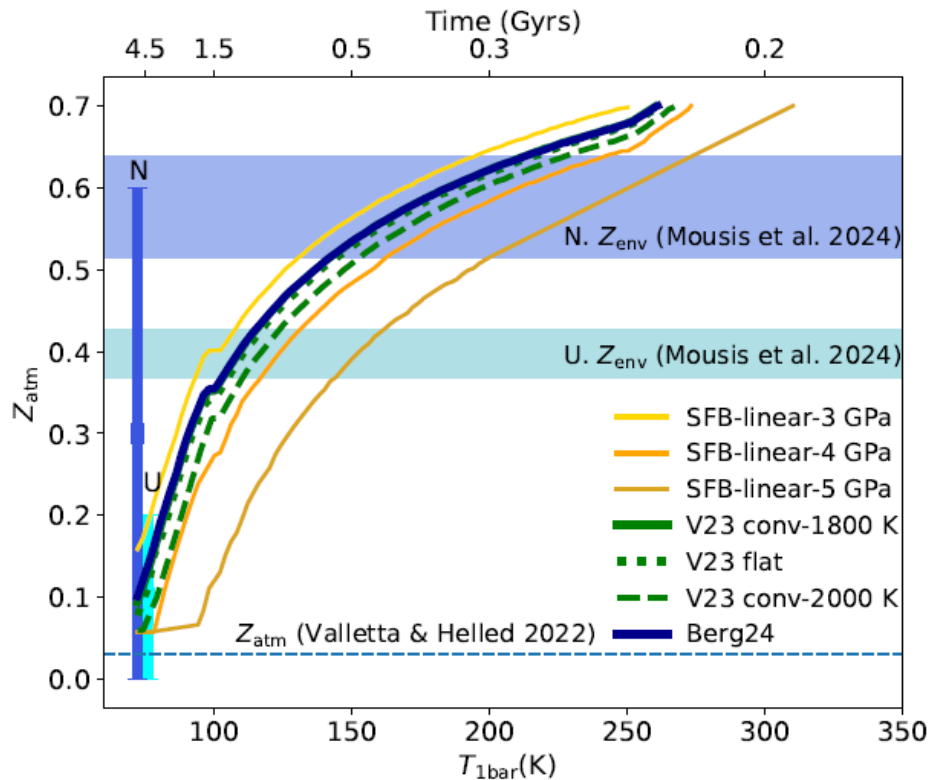
...with extrapolation beyond 0.2 GPa



Howard, Helled, Bergermann, Redmer, arXiv:2507.06288

Application of H₂/H₂O phase diagram to U&N

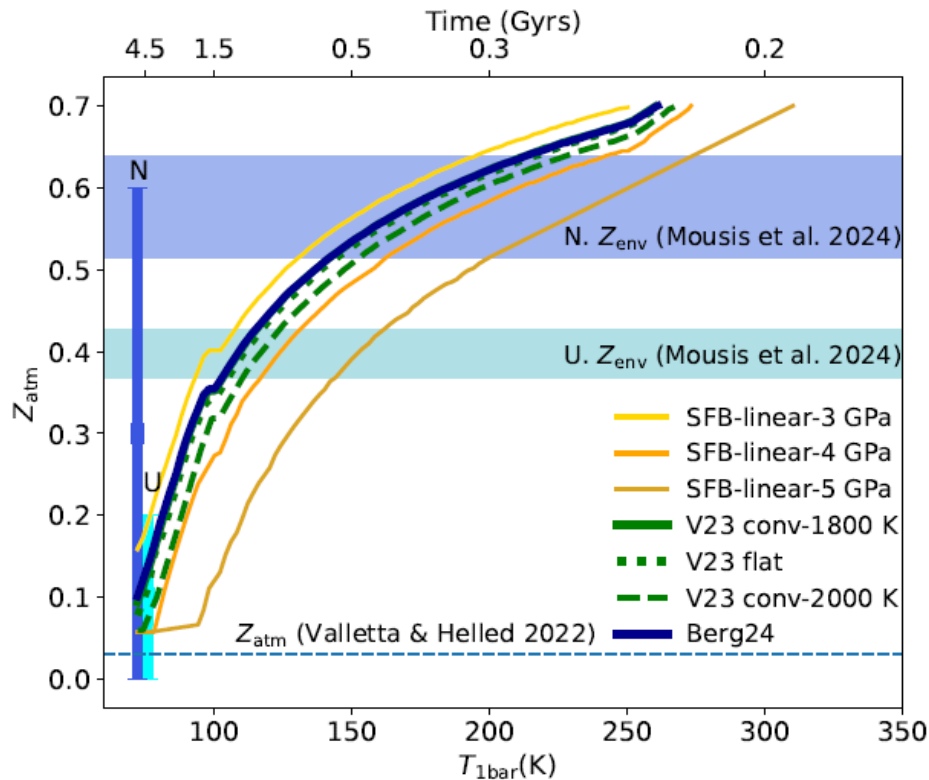
Our models predict strong rain-out,
resulting in low (<20%) deep
atmospheric water abundance Z_{atm} .



Cano Amoros, Nettelmann, Tosi et al 2024 A&A

Application of H₂/H₂O phase diagram to U&N

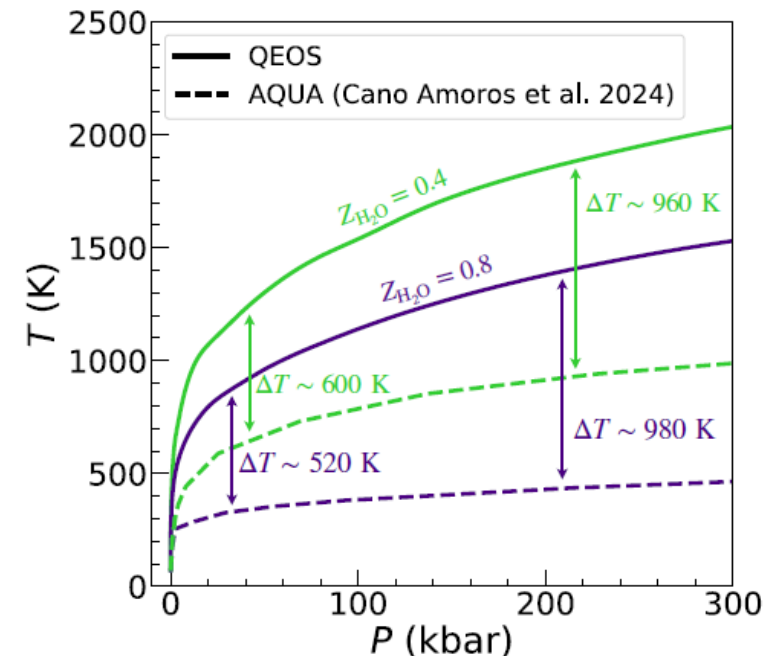
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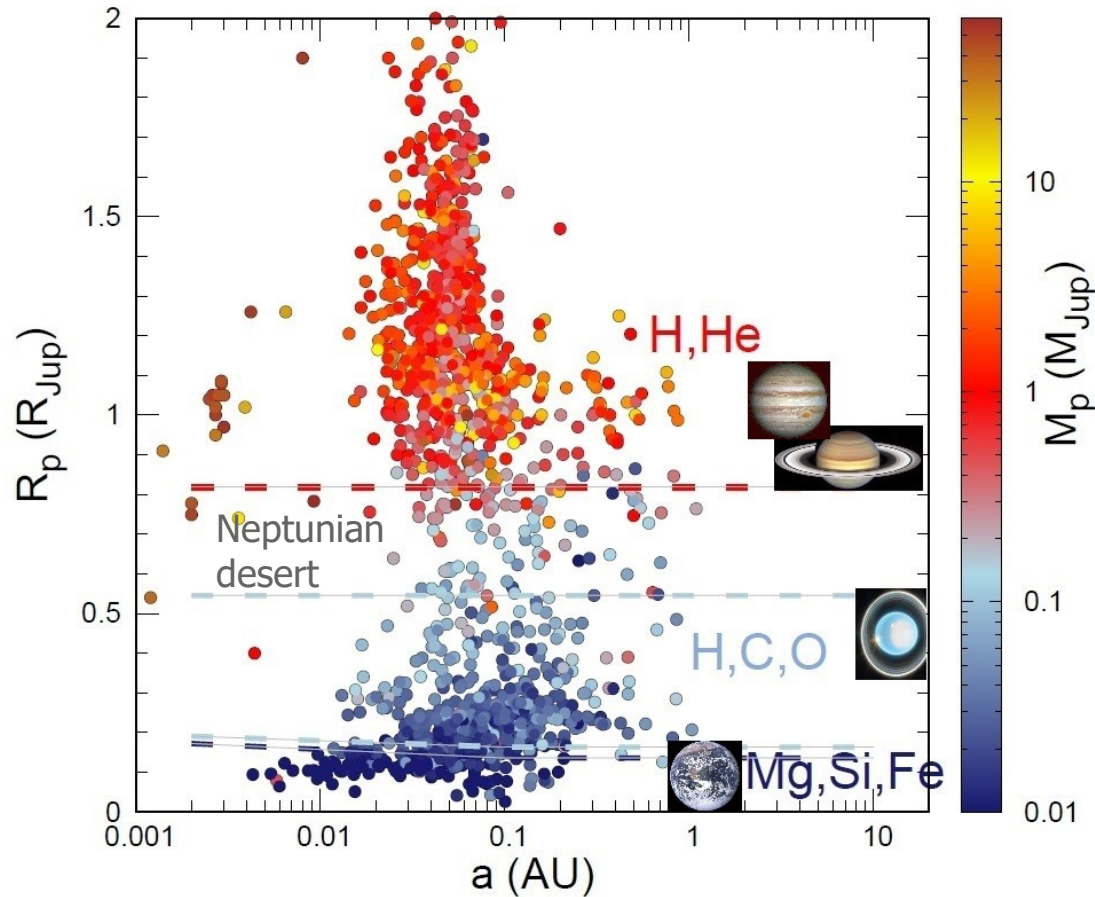
The uncertainty in $T(P)$ of 500-1000 K along planetary adiabat matters.

Key task: water EOS with entropy !



Howard, Helled, Bergermann, Redmer, arXiv:2507.06288

exo- and solar system planet diversity



Exoplanets of same M_p , same orbital distance exhibit great diversity in R_p .

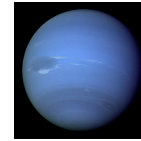
Are planets of same R_p - M_p similar ?

Individual: Venus, Earth, Jupiter, Saturn

Current challenge:

Are Uranus and Neptune "Ice Giants", or are they dissimilar?

Similar or not ?



similar

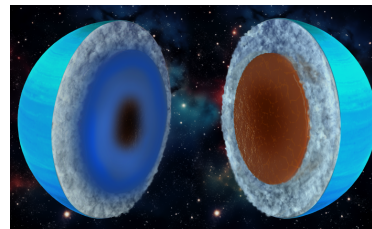
Mass (M_E)	14.5	17.1
Radius (R_E)	4.0	3.85
magnetic field	non-axial, multipolar, off-centered	
rotation	17.25 h	16.1 h
C / H (x solar)	80 ± 20	80 ± 20
$T_{1\text{bar}}$ (K)	76	72
T_{eff} (K)	59	59

Nettelmann 2025
Scheibe +2021
Stixrude +2021, 2025

dissimilar

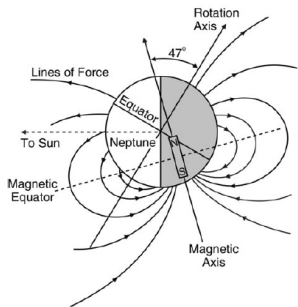
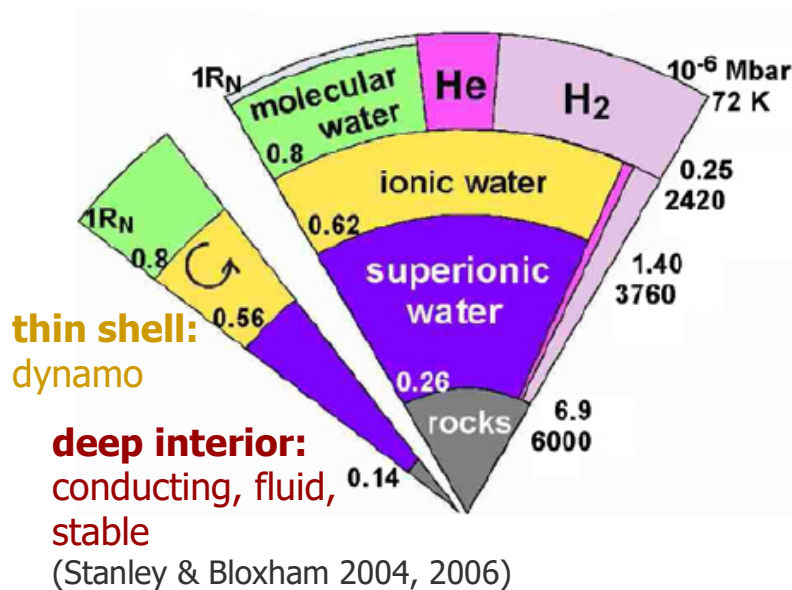
a (AU)	19.1	30
T_{eq} (K)	59	46
heat flux F (erg/cm ² /s)	0 - 90	390 – 480
obliquity	98°	28°

Nettelmann, Helled +2013
Helled & Fortney 2020



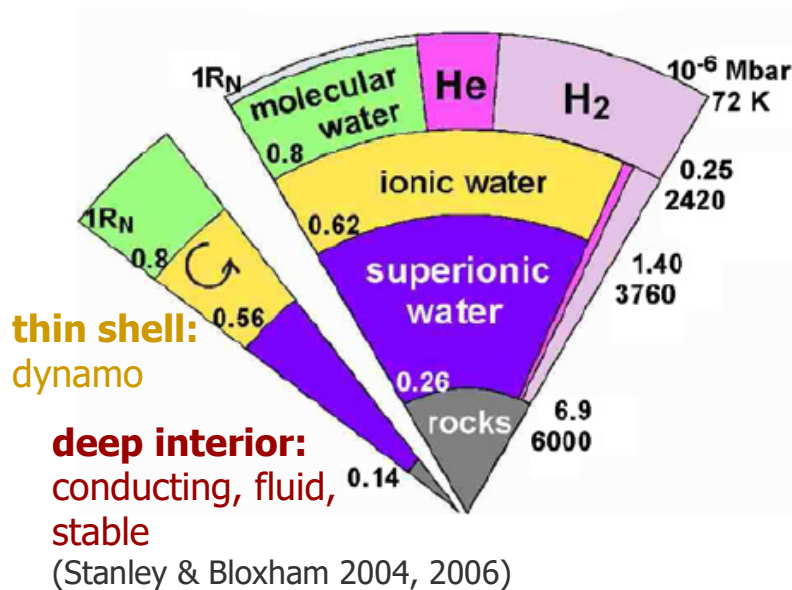
similar: **Ice Giant** magnetic field & HCON mixtures

Deep interior is superionic water. Stable?
(Redmer+2011)

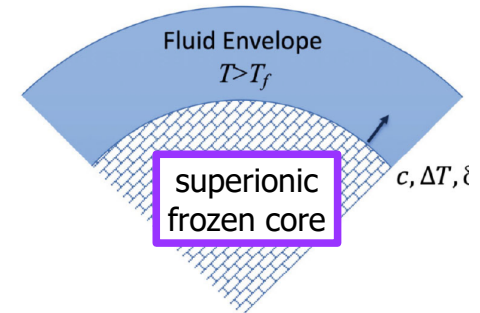


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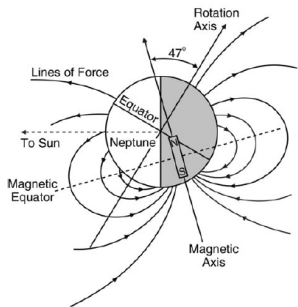
Deep interior is superionic water. Stable?
(Redmer+2011)



deep layer is SI water; stable, due to high viscosity (Stixrude+2021, PNAS)

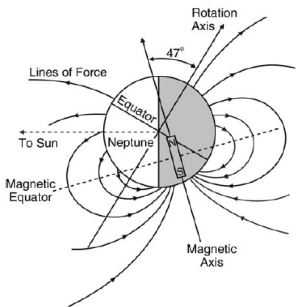
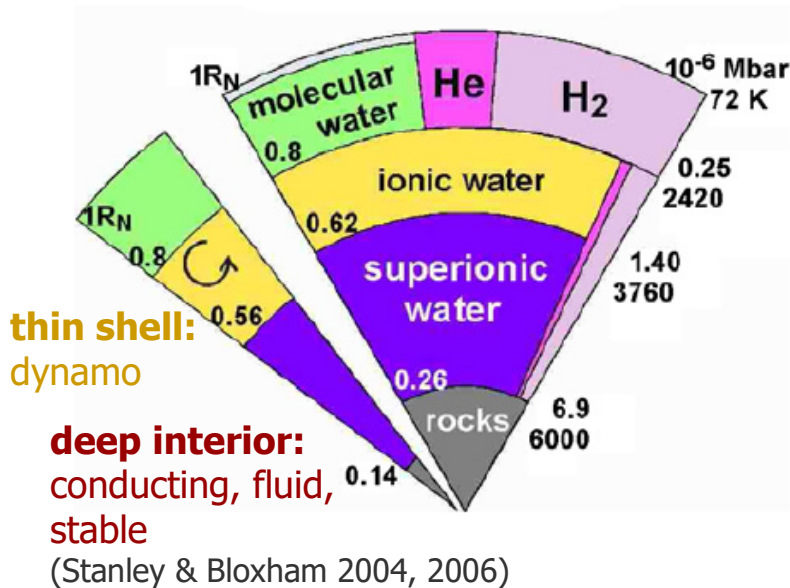


deep interior is CNH
(Militzer 2024, PNAS)

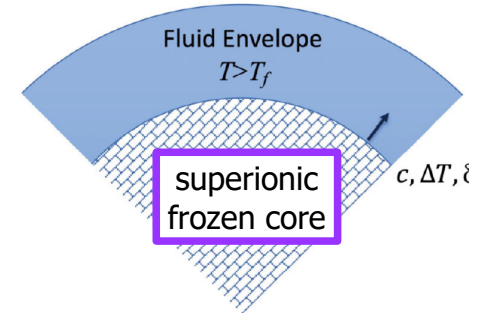


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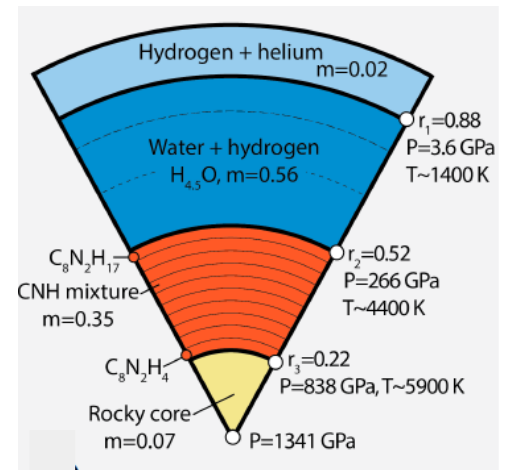


deep interior is CNH
(Militzer 2024, PNAS)

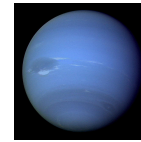
DFT-MD simulations of
HCON w 540 atoms

phase separation into
H-O and H-C-N fluids

C-C, C-N bonds,
C-N-H clusters sink



Similar or not ?



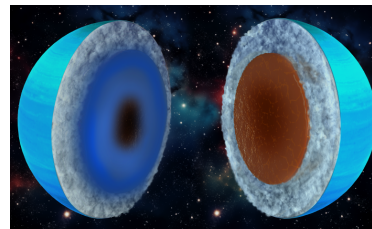
similar

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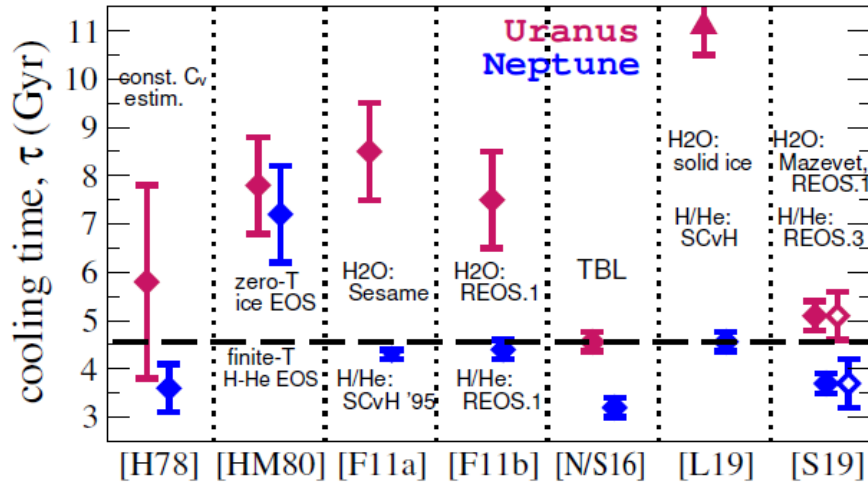
dissimilar

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Thermal Evolution



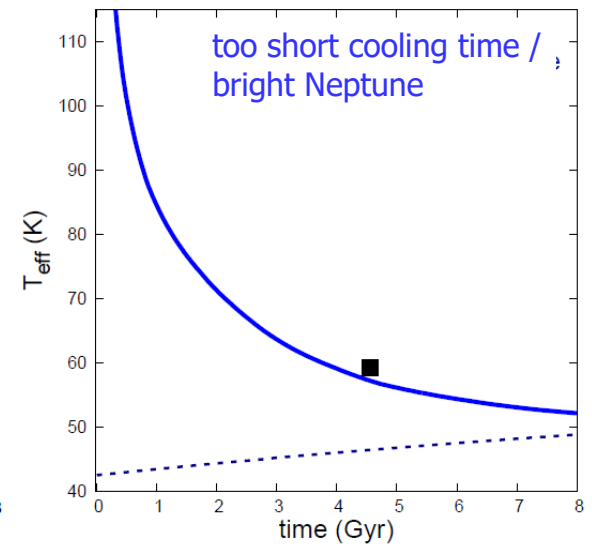
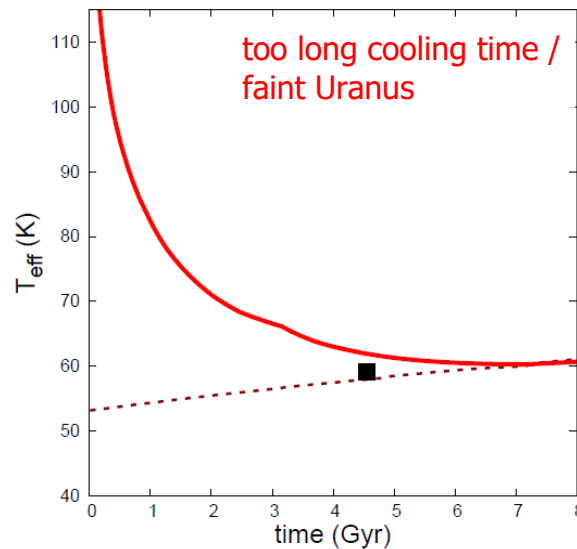
dissimilar: Thermal evolution



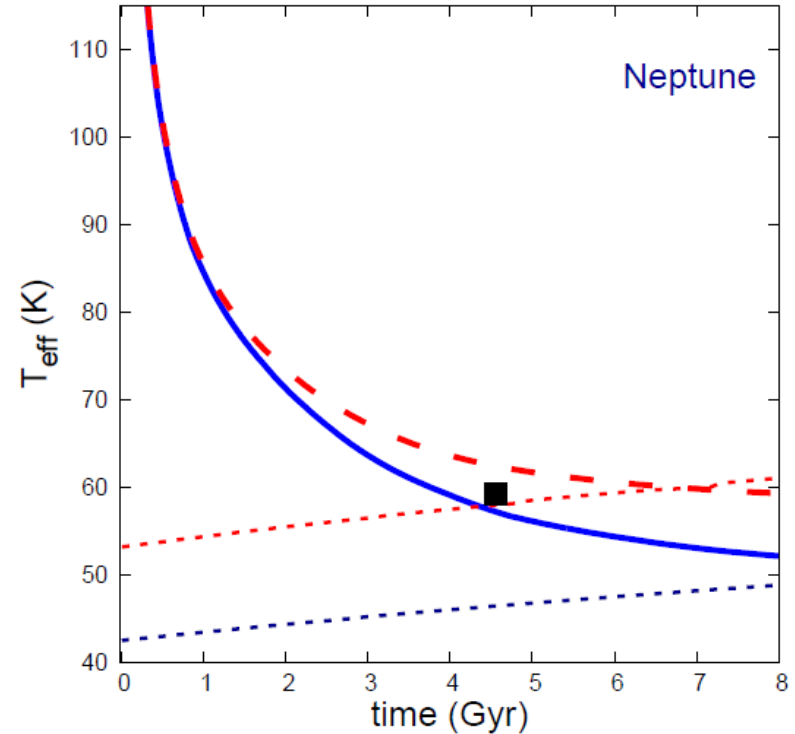
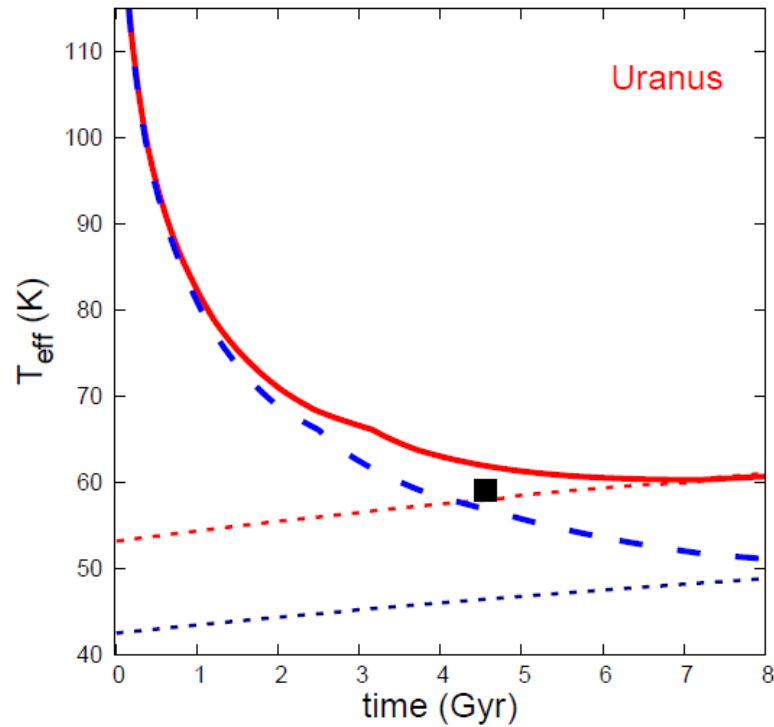
All adiabatic models fail to explain both planets:
Neptune cools quicker than Uranus

(Helled, Nettelmann, Guillot 2020, SSRv)

Adiabatic models suggest that
Uranus and Neptune are dissimilar.



Thermal evolution on swapped orbits



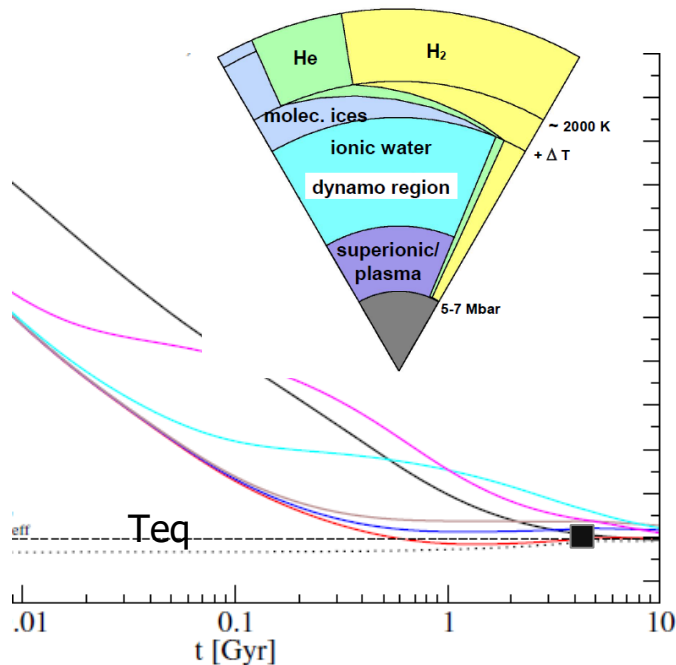
(Nettelmann 2025 in Oxford U Press)

Adiabatic models suggest that Uranus and Neptune are similar.
Adiabatic models suggest that the Ice Giants are not fully adiabatic.

Thermal Boundary Layer (TBL) at ice-poor/ice-rich transition

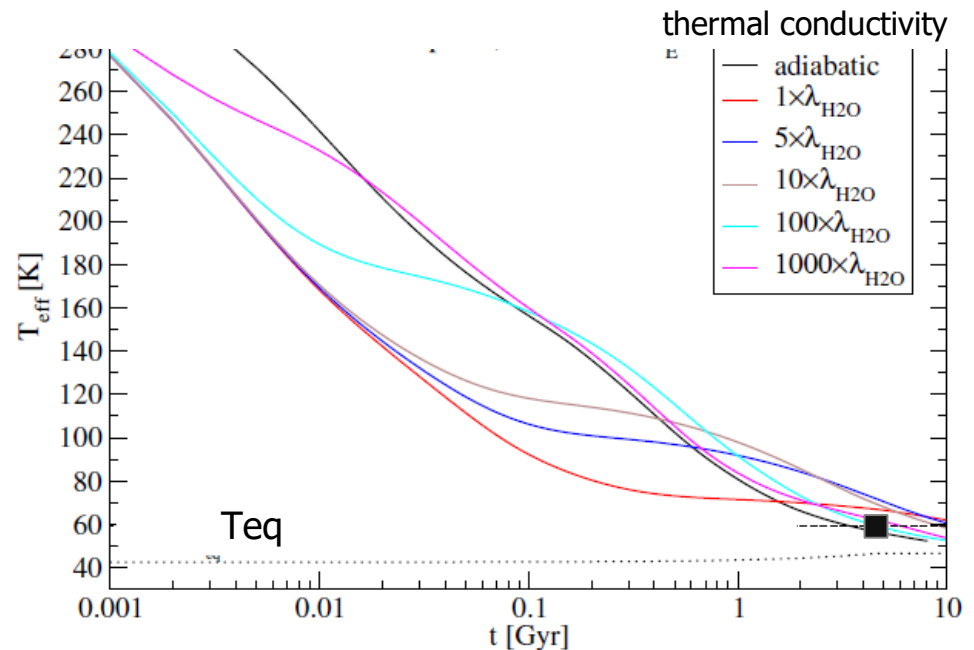
faint Uranus

TBL delays cooling of the deep interior.
Models with equilibrium evolution ($T_{\text{eff}} \sim T_{\text{eq}}$)
yield the observed luminosity.



bright Neptune

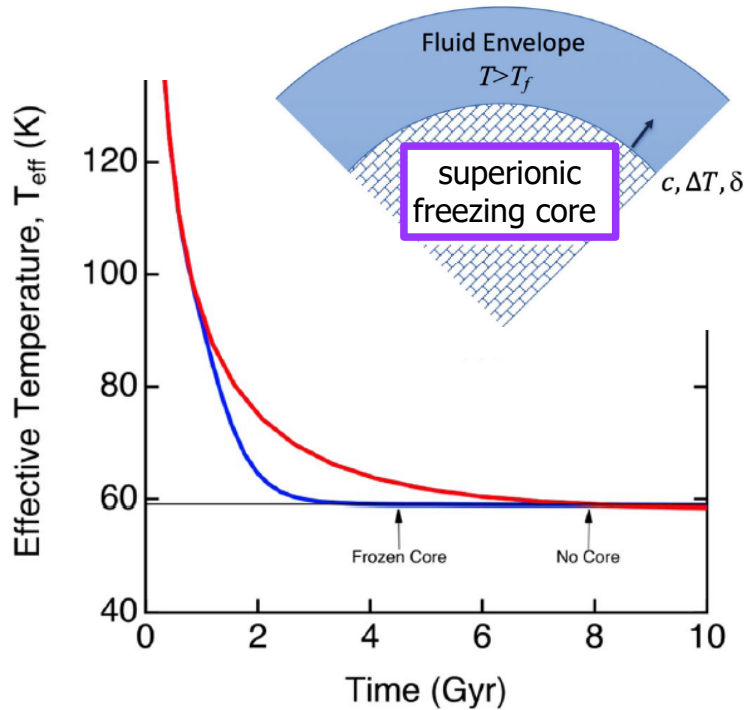
Similar models explain bright Neptune,
depending on λ and TBL thickness.



Scheibe, Nettelmann, Redmer 2021, A&A

evolution with freezing SI core (Stixrude, LA group)

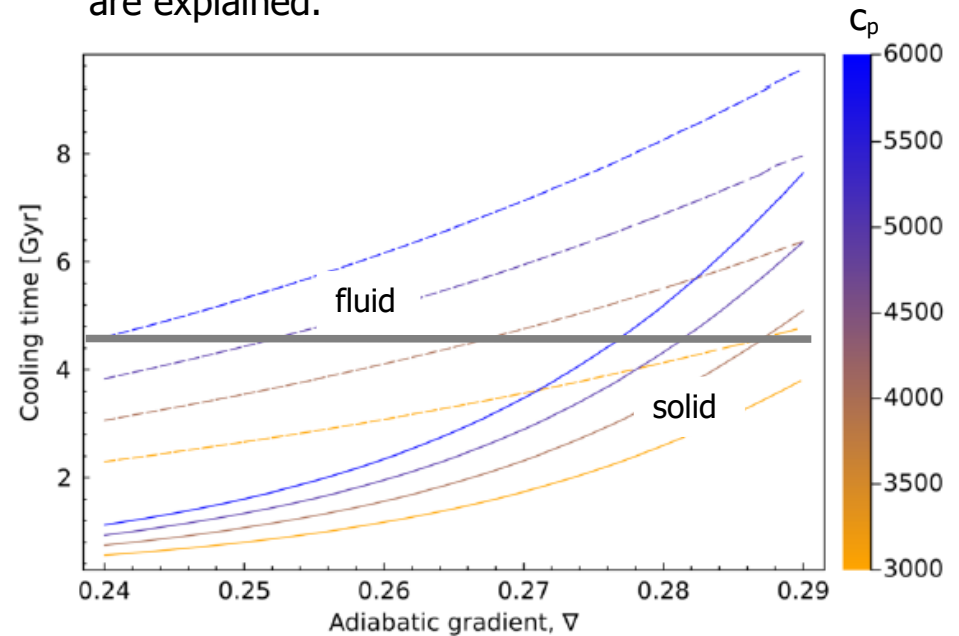
Uranus



Stixrude et al 2021, PSJ

Neptune

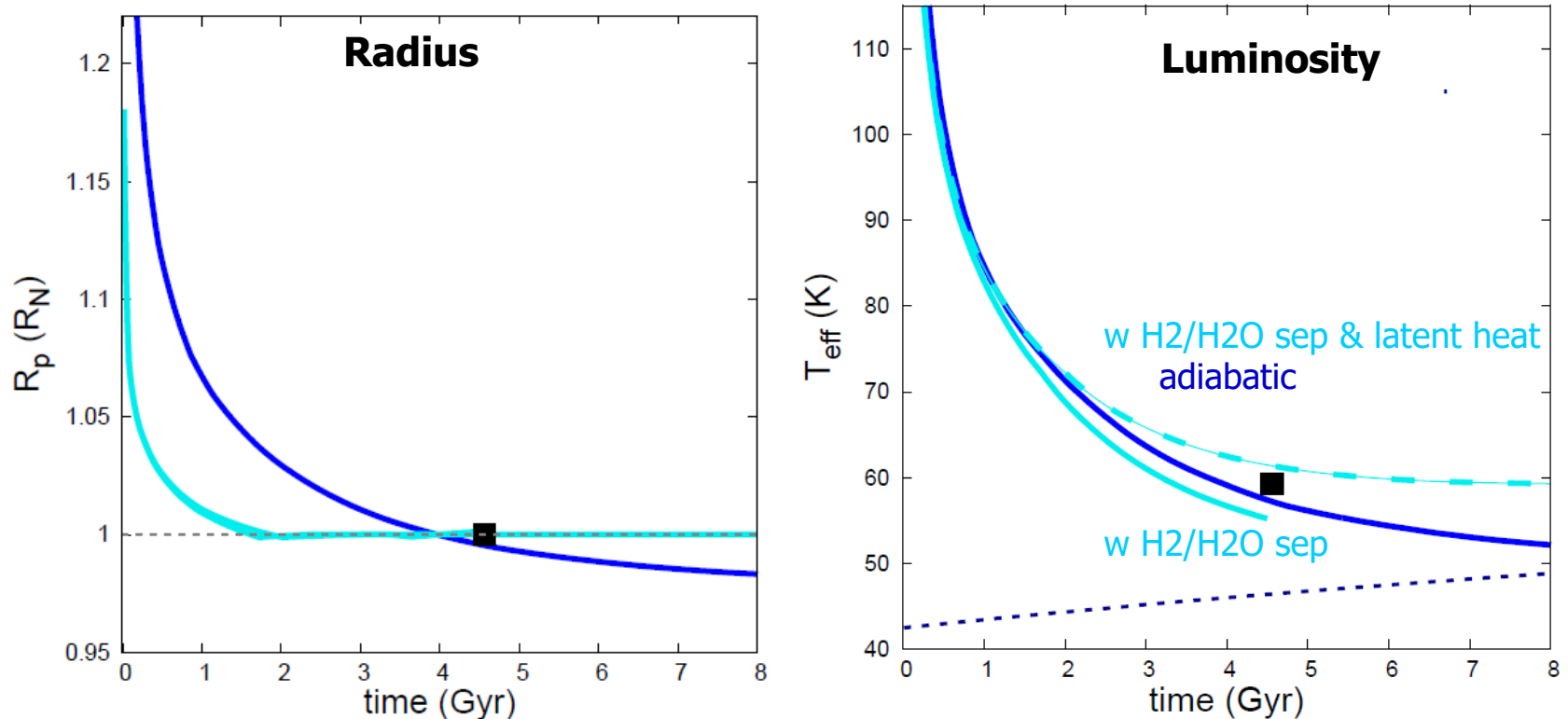
Depending on c_p and grad_{ad} , both planets are explained.



James & Stixrude 2024, SSRv

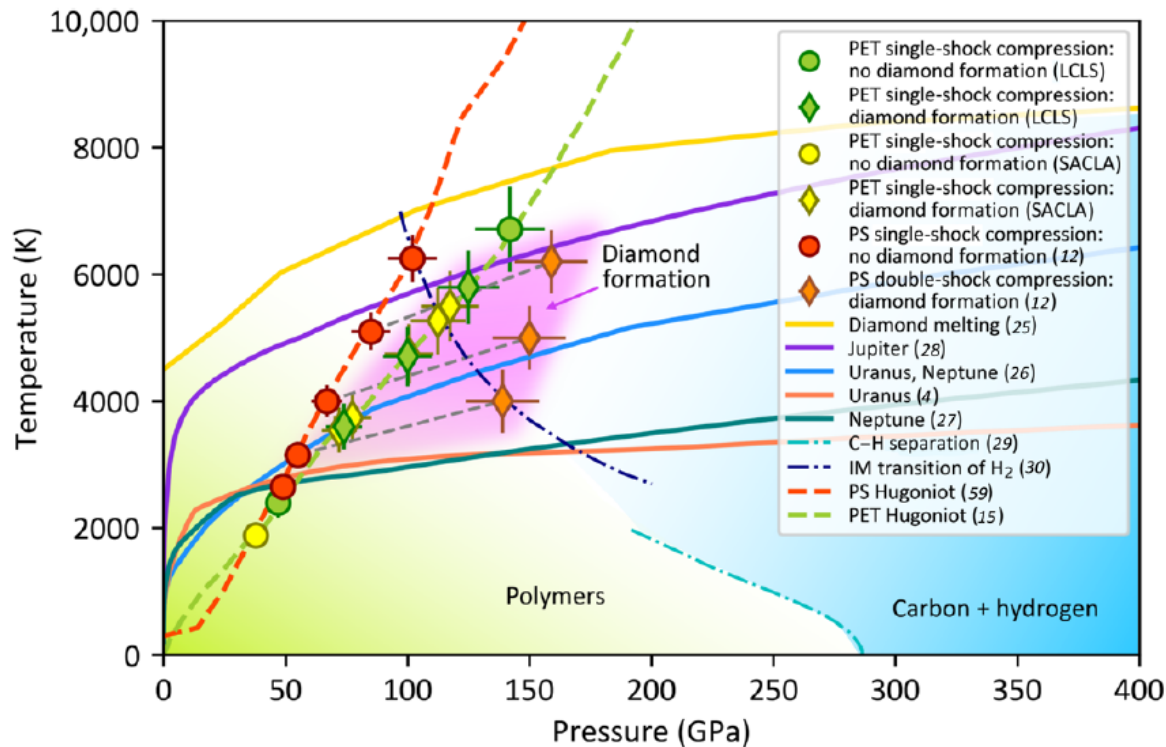
Neptune evolution with H₂/H₂O phase separation

The combined effect of H₂/H₂O phase separation and latent heat from SI core freezing could explain Neptune's luminosity.



Cano Amoros, Nettelmann, Tosi (in prep)

Key achievement: Diamond under Ice Giant conditions



nano-diamonds are detected

-in various experimental set-ups:
laser-shock, double-laser shocks,
DACs.

-using different sample materials:
C
C-H (eg PS)
C-H-O (PET, sugar wax, PLA, CA)
(talk by P. May)

O facilitates C-H phase separation

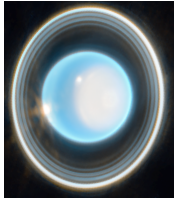
MD-results controversial:

yes: He+2022, Chang+2023,
no: Militzer 2024

diamond rain !?

He, Rödel, Lüttger +2022, Sci Adv.

Summary



H-O experiments & theory: uncertainties in the water EOS (**entropy!**) and phase diagram limit our understanding of the **Ice Giants**.

The **faintness of Uranus** can be explained if it harbors a **TBL**, or **H₂/H₂O phase separation**, and evolves in equilibrium with the strong solar irradiation.

The **brightness of Neptune** indicates a **heat source:** latent heat from superionic **core freezing, diamond rain**, or C-N polymers sinking.

Caution: it is not certain if SI water exists in Uranus and Neptune.



Experimental verification with **different set-ups** is important for constraining the **EOS and miscibility gap in H-He-systems**

Jupiter & Saturn harbor **non-adiabatic, stable regions**.

Caution: there is still no consistent, widely-accepted model of Jupiter or Saturn.

Appendix